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THE GOLDEN NEWS

WELCOME NEW & RETURNING MEMBERS

| | |
|--------------------|-----------------------|
| Lee Szablewski | Francine Neal |
| Jim Kohlenberg | Brian McKee |
| Beverly Digby | Sandi Frankart |
| David Weininger | Anna Jones |
| Sandra Mathias | Sandra Snell |
| Rosalie Distel | Diane Jacobs |
| Diane Brown | George Marsh |
| Sally McDonald | Marcia Autullo |
| Karen Strausbaugh | Duane Seitz |
| Theresa Distel | Derek Devine |
| Denise Lawson | Larry Lucius |
| Cindy Huff | Bonnie Thiel |
| Chris Hess | Nancy Hess |
| James Hutchins Jr. | Tim Brickner |
| Diane Brickner | Pennyann Nikkols |
| Vicki Helgeson | Michelle Hays |
| Lynn Martien | Suzy Smith |
| Sandy Yarbrough | Lewis Miller |
| Joan Ledwedge | Terri Simons-Everhart |
| Nancy Obringer | Beth Schweitzer |
| Angie Dornaur | Beth Boyer |
| Susan McCafferty | |

MEMORIALS

In MEMORY of **PAT FOGLE**
Given by Vicki Hull
Given by Marge Anway
Given by Patricia Heddles
Given by Marta Johnson
Given by Marcia Abbott

In MEMORY of **DARYL ELCHERT**
Given by Diane Bouillon

In MEMORY of **STEVE SMITH**
Given by Marilyn Mangano

In MEMORY of **BOB CLOUSE**
Given by Marilyn Mangano
Given by Phyllis Watts

In MEMORY of **MARY OXLEY**
Given by John & Brenda Weslow

**SINGLE DAY "NEW" TRIP
REGISTRATION**
Wednesday, April 10, 2024.

Doors open at 8:30AM.
No phone reservations until 10AM.



We sincerely thank the
"BURNS" FAMILY
for their very generous donation
toward "Off Our Rockers Chorus" at
the Allen Eiry Center.

**Thank you to all who donated
fillers for the Easter eggs!
Your gift will bring smiles to
many children Easter morning!!**





Allen Eiry Center

Activities, Events, Travel, and More

PHONE: (419) 448-9774
MONDAY—FRIDAY 8:30AM-4:00PM

28 HOPEWELL AVE., TIFFIN, OHIO
www.alleneiry.com

APRIL 2024
Volume 140

RUMMAGE
SALE

ALLEN EIRY CENTER
THURSDAY, MAY 16, 9-4PM
FRIDAY, MAY 17, 9-4PM
SATURDAY, MAY 18, 8:30-11:30AM

DONATIONS TAKEN TUESDAY, MAY 14, 8:30-4:00PM

We can NOT take donations before this date.

We do NOT take clothes, electronics, major appliances & mattresses.

**WE APPRECIATE YOUR DONATIONS and
HELP WITH THIS FUNDRAISER!**

Please call 419-447-0496 if you can help during this week.

MIKE GILBERT PRESENTS

"MARY PINCHOT &

DOROTHY KILGALLAN"

Thursday, April 11 @ 10:30AM

These women were major figures in President John F. Kennedy's assassination. Pinchot's role as paramour to the president and Kilgallan's role as the intrepid reporter, played important parts in the controversy surrounding Kennedy's death.

This event is open to the public at no charge. We invite you to bring a friend.

If you plan to attend, please call the Center to reserve your seat @ 419-448-9774.



Basic Balance Program

If you are looking for the opportunity to improve your balance, this class may be just for you! Basic Balance class will offer the following:

1. Balance education
 2. Ongoing, weekly exercises to strengthen the legs, core and overall body
 3. Group accountability
 4. Fun social interactions and relationships
- Class will be held each Monday @ 10AM.
Cost per class \$1.00.

Participants must be able to stand, sit, and move around the room independently.
There will be no one-on-one support offered.

This class is Open to the Public for anyone 50 years of age and older.

"OFF OUR ROCKERS CHORUS"

"Off Our Rockers Chorus" is a part of Community On Stage, a new organization whose goal is to connect and engage community members through the arts which is partnering with the Allen Eiry Center to form the "Off Our Rockers Chorus!" The name is a double-entendre meant to describe a singing group of seasoned adults who believe in having fun while keeping their minds and bodies active.

The "Off Our Rockers Chorus" will meet weekly on Thursdays @ 10:00AM at the Allen Eiry Center to learn popular music from across the decades in a fun, accepting, low-stress atmosphere. Directed by Mimi Lange Johnston and accompanied by Char Pope this group is open to everyone 50+. All are welcome and wanted—no auditions are required. Call AEC at 419-448-9774 for more details. *There will be no practice on March 21, April 11 and May 16, 2024.*

Call AEC at 419-448-9774 to hear the fun details of the chorus!

VOLUNTEERS NEEDED - PLEASE CALL THE CENTER IF YOU CAN HELP 419-448-9774

Anytime you see something you would like to help with, be sure to call the Center at 419-448-9774. Here is a list of upcoming events that we need volunteers for:

1. Helping assemble the May newsletters Friday, April 19, 2024 beginning at 9:00AM.
2. Rummage Sale is in need of volunteers Tuesday—Saturday, May 14—18, 2024.



Help raise funds for Allen Eiry Center—Tiffin's Senior Center!

Support us by eating at the delicious XCaret Mexican Restaurant

Monday, April 22, 2024
between 11:00AM—10:00PM.

You can eat in, carry-out or have your meal delivered.

WOOD CARVING

Wood carving is a weekly event at the Allen Eiry Center. Each Thursday @ 9:00AM the participants meet, work on their projects, and enjoy the time together. If you are new to wood carving and need direction, please call us at 419-448-9774 and let us know when you will be attending. Jerry Hill and the gang will be happy to greet and help you!

CORNHOLE FUN AT AEC!!!

SUNDAYS @ 2:00PM

It's fun, easy on the body, and played inside so we don't have to worry about bad weather. You need to be an AEC member to play. Please enter at the Market Street door. Remember if you can't make it every Sunday—that's okay, join us when your schedule allows. Feel free to call AEC to get details for the Sunday afternoon Cornhole Games.

No cornhole on Easter Sunday, March 31, 2024.

CROCHET CLASS

For unseen reasons, this class will be starting at a later date. Please call AEC for details.



Always a fun time!

Friday, April 5, 2024
@ 1:00PM at AEC
Provided by The Willows .



Fri., April 19, 2024 @ 1:00PM
Provided by
Bridge Home Health & Hospice

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT./SUN. |
|---|--|---|---|--|---|
| <p>1</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p> | <p>2</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p>  | <p>3</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p> | <p>4</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinocle</p> | <p>5</p> <p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Table Pool 9:00 Stained Glass 9:00 Quilting 1:00 Board Games 1:00 Mahjong</p> <p>1:00 BINGO TODAY</p> | <p>6</p>  <p>7</p> |
| <p>8</p>  <p>CENTER CLOSED</p> | <p>9</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p>  | <p>10</p> <p>NO Floor Yoga 9:00 Stained Glass 9:00 Table Pool NO Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p> <p>NEW TRIP REGISTRATION @ 8:30AM TRIP: Brown Derby Depart @ 4PM</p>  | <p>11</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 1:00 Pinocle</p>  | <p>12</p> <p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong</p> | <p>13</p> <p>14</p> <p>CORNHOLE 2:00PM</p> |
| <p>15</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p> | <p>16</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p> <p>3:00 Board Meeting 7:00PM S.O.L.O.</p> | <p>17</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p>  | <p>18</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle</p> <p>TRIP: GREAT NORTHERN MALL Depart @ 8:30AM</p> | <p>19</p> <p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 10:00 Quilting 1:00 Board Games 1:00 Mahjong</p> <p>BINGO @ 1:00PM FOLD NEWSLETTERS</p> | <p>20</p> <p>21</p> <p>CORNHOLE 2PM</p> |
| <p>22</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p> <p>XCARET FUNDRAISER</p> | <p>23</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p> <p>TRIP: Lunch Bunch Depart @ 11AM</p> | <p>24</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p> | <p>25</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle</p>  | <p>26</p> <p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 10:00 Quilting 1:00 Board Games 1:00 Mahjong</p> <p>TEA PARTY @ 1:00PM</p> | <p>27</p> <p>28</p> <p>CORNHOLE 2PM</p> |
| <p>29</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p> | <p>30</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p> <p>Monthly 50/50 Drawing</p> |  | | | |



APRIL CELEBRATIONS!



| | | | | | |
|----|---|----|---|----|---|
| 2 | Mary Ann Gabel Elizabeth Zbinden Ron Depinet Sandra Detterman | 11 | Susan Hoffman | | Susan Hoffman |
| 3 | Juanita Martien Sue Parrish | 13 | Shirley Brown Mary Hatton Linda White | | Karen Mathias Richard & Mary Schreiner ♥ |
| 4 | Eileen Roessner Lee Szablewski David Riehm Annette Gassner Paul & Ruth Reinhart ♥ Henry & Amber Stobbs ♥ John & Brenda Parker ♥ | 14 | Andy Andersons Tom Renninger Ron Frank Michelle Dantuono | | Roger & Jenny Fatzinger ♥ Paul & Lois Fey ♥ Chris & Joanne Widman ♥ |
| 6 | Phyllis Wagner Peg Brickner Cathe Hammer Tyler & Audrey Heslet ♥ | 15 | Jane Fry Chuck Burmeister Andrew & Julie Reinhart ♥ | 25 | Beth Boyer Pat & Kimberly Doran ♥ |
| 7 | Peg Hetzel Bob & Mary Jo Welter ♥ | 16 | Leroy Shade Mike & Janet Snyder ♥ | 27 | Susan Burr Berni Willman John & Virginia Coffman ♥ |
| 8 | Helen Miller Margaret Werling Tim & Margaret Schalk ♥ | 17 | Linda Frank | 28 | Betty Rush Muriel Colatruglio Patrick Doran Pat Woods Jim & Helen Lemmermen ♥ |
| 9 | Steve Schafer Chad Shock | 18 | Kevin & Tamara Wasserman ♥ Jimmie & Barbara Young ♥ | 29 | Dwane & Evelyn Scherley ♥ Mary Shaffer Cheryl Schroeder Judy Kneeskern Sylvia Schelkers Janet Kimmet Karen Cramer Rose Ernst |
| 10 | Ann Fuerst Jim Baker | 19 | Sue Krieger | 30 | Dave & Marge Fisher ♥ |
| 10 | Elaine McCoy | 20 | Randy Culver Mike Molineaux | | |
| | | 21 | Linda Andrews-Kirgis Henry Stobbs Pat & Jim Homan ♥ | | |
| | | 22 | Mark & Lisa Blackburn ♥ | | |
| | | 23 | Marguerite Outcalt | | |
| | | 23 | Deb J. Phillips | | |
| | | 24 | Mary Hardin Diane Hudok | | |

AEC 3rd ANNUAL BUTCH BROWN MEMORIAL CAR SHOW

Saturday, June 1, 2024 10:00–2:00

Open to the Public

NEW * NEW * NEW

MONTHLY 50/50 DRAWING

On Feb. 1, 2024 we started hosting a monthly 50/50 drawing with the winner being picked on the last day of the month that we are open. Each ticket is 25¢. These are sold at the front desk anytime we are open. For each quarter you spend, you will receive a ticket that you will write your name and phone # on and drop in the bucket. You can purchase as many tickets as you wish during the month. Each month will begin a new drawing. Good Luck!!

PUZZLE SWAP SHOP

Stop in with a gently used puzzle to donate and swap for another puzzle that you would like to take home and put together. You are welcome to swap any time that we are open. We also invite you to help work on the puzzle that we have in the front lobby.



"BACK TO THE FUTURE"

*Cleveland Playhouse Square
Broadway Series*

WHEN: SUNDAY, JUNE 30, 2024

DEPART: 1:15PM

RETURN: AFTER 6:30PM SHOW

COST: \$99 (DUE AT SIGNUP) (MEAL EXTRA)

THIS IS A "FAMILY" TRIP: Anyone, any age, member or non-member, can sign up for this trip all for the same price. A non-member does need to travel with a member.

Welcome to the Hill Valley! When Marty McFly finds himself transported back to 1955 in a time machine built by the eccentric scientist Doc Brown, he accidentally changes the course of history. Now he's in the race against time to fix the present, escape the past and send himself—"back to the future".

Back to the Future, the beloved cinematic classic is now a Broadway musical with its destination set for Cleveland in 2024! Grammy awarded songs include "Man In the Mirror," "The Power of Love," "Johnny B. Goode," "Earth Angel," and "Back In Time".

When Back to the Future hits 99 mph, it will change musical theater history forever.

Don't miss out!

Eating in Cleveland before the show.

1812 FOOD & SPIRITS RESTAURANT

PORT CLINTON, OHIO



WHEN: Thursday, July 18, 2024

DEPART: 2:30PM

RETURN: After dinner

COST: \$10 (Due at signup) (Meal Extra)

NEW TRIP REGISTRATION BEGINS WED., APRIL 10 @ 8:30AM

Port Clinton and the nearby Lake Erie Islands are closely associated with the history of the War of 1812 and the Battle of Lake Erie. The 1812 Food & Spirits brings you a classic fine dining experience with local favorites like Lake Erie yellow perch, walleye, walleye meatballs, and prime rib rolls. They have chops, chicken, veal and pasta entrees—something for everyone.

We are going early to take advantage of happy hour and the early bird menu prices.

AEC FITNESS CENTER * ***

Our Fitness Center is for AEC members only. To belong to the Allen Eiry Center you need to be 50 years or older. The cost of an AEC annual membership is \$35.00.

Call us today to schedule your orientation and get started in the Fitness Center! Once you have your orientation, you will be able to use the fitness center on your own for two weeks at no cost during open hours. After the two week trial period, if you continue to use the fitness center, the annual cost is \$120 with different options to pay.

Equipment includes:

- * **2 NEW TREADMILLS** are HERE!!!
- * Universal multi-gym (strength & conditioning)
- * Dumbbells
- * 1 Elliptical
- * Weight Sticks
- * 1 Recumbent Bike
- * 2 NuSteps
- * Schwinn Airdyne

**IT'S GAME TIME AT AEC!!**

Join us and have fun!

COMPETITIVE EUCHRE MONDAYS @ 1:00PM

CANASTA MONDAYS @ 1:00PM

BRIDGE MONDAYS @ 1:00PM

MEXICAN TRAIN DOMINOS TUESDAYS @ 10:00AM

TUESDAY FUN DAYS TUESDAYS @ 1:00PM

CHAIR VOLLEYBALL WEDNESDAYS @ 2:00PM

COMPETITIVE PINOCHLE THURSDAYS @ 1:00PM

MAHJONG and BOARD GAMES FRIDAYS @ 1:00PM

CORNHOLE SUNDAYS @ 2:00PM

If you feel a little shy to try something new...we will help you feel right at home! Call or stop by for more details.

OHIOHEALTH**DELAY THE DISEASE™**

THE #1 PARKINSON'S EXERCISE PROGRAM

Allen Eiry Center offers the "Delay the Disease" Parkinson's program each Monday & Wednesday @ 11:45AM.

Delay the Disease is a community based fitness program designed to empower people with Parkinson's disease by optimizing their physical function. The fitness class is lead by Mercy's physical therapists and is especially designed to help those with Parkinson's gain a better quality of life through strength, balance, gait and cognitive training. For more information call Mercy's P.T. Dept. at 419-455-8600. COST: \$5 for an 11 week session.

You need to be a member of AEC—\$35/year.

SPRING EXTRAVAGANZA

Area Agency on Aging—Ohio District 5
Richland County Fairgrounds Mansfield



WHEN: Thursday, May 16, 2024

DEPART: 7:30AM

RETURN: 3:30PM

COST: \$24.00 (Due at signup) (Meal Extra)
Brunch included

New Trip registration begins Wed., April 10 @ 8:30AM.

This has always been a fun day! It's like trick or treat for seniors—they will have brunch food stations set up for you to enjoy, information booths and a car show. We will be at the show until it closes @ 1:00PM, then stop for a quick lunch on the way home. Lots of good information and door prizes!

This year, the theme for Older American Month is Powered by Connection. This theme recognizes the profound impact that meaningful relationships and social connections have on our health and well-being. We will explore the vital role that connectedness plays in supporting independence and aging in place by combatting isolation, loneliness, and other issues. This year celebrates the 50th anniversary when the Ohio District 5 Area Agency on Aging, Inc. was established.

CHAIR VOLLEYBALL



JOIN THE FUN! Chair volleyball is taking senior centers by storm!! Indoor chair volleyball includes physical activity, social interaction, competition, and most of all, lots of laughs! From the fit to the wheelchair-bound and old alike, this activity is played from standard folding chairs with a 20" ball. You will enjoy awesome competition and camaraderie! The Allen Eiry Center will host chair volleyball every Wednesday @ 2:00PM

You don't need to sign up,
just show up and we promise you a good time!!!

TOLEDO FIREFIGHTERS MUSEUM & OLD BAG OF NAILS RESTAURANT



When: Thursday, September 5, 2024

Depart: 8:30AM

Return: 3:30PM

Cost: \$23.00 (due at signup) (meal extra)

NEW TRIP SIGNUP BEGINS WEDNESDAY, APRIL 10 @ 8:30AM.

Discover the Toledo Firefighters Museum. Dedicated to the history of the Toledo Fire Department founded in 1837 and located in "Old Number 17 Fire House" circa 1920, it has thousands of items on display, including vintage firefighting equipment, antique fire toys, 2000 fire department patches and much interesting memorabilia.

They are opening their venue just for us that day, so come enjoy, then we will travel across the river to eat at Old Bag of Nails—from an old hardware store to the best fish & chips in town. They got started in 1996 by converting an old hardware store into a neighborhood pub, if you were wondering where their name came from. Today they have nearly twenty restaurants in Michigan and Ohio. The restaurant does have an extensive menu of jumbo Bavarian pretzels, hand battered fresh mushrooms, other seafood, chicken, sandwiches, wraps, quesadillas and fresh dip ribeye. Several different burgers, salads and soups. Desserts - they are proud of made-in-house carrot cake, bread pudding a la mode and mile high chocolate cake, and many craft cocktails!

AVAILABLE ALL YEAR!

**Gift
Certificate**



YOGA CLASSES at AEC

All Yoga classes are lead by Instructor,
Suzanne Reinhart

CHAIR YOGA: For AEC Members Only

Mondays @ 9:00AM

Wednesdays @ 10:00AM

FLOOR/MAT YOGA

Bring your own mat—no experience necessary.

Mondays @ 4:30PM

Wednesdays @ 8:00AM

**All classes are by donation and are given to AEC
for the use of the facility.**

THANK YOU to all AEC FITNESS INSTRUCTORS



The Allen Eiry Center is very blessed to have certified, dedicated instructors to teach our fitness programs! Our Basic Balance program, along with floor yoga and chair yoga are instructed by Suzanne Reinhart, Cardio Drumming is lead by Brandie Gruss, Tai Chi is lead by Sandy Mellott and Bob Johnson. In addition to these programs, we are able to offer Parkinson's "Delay the Disease" through Mercy Health Physical Therapy Department. We are also very glad that we have volunteers who fill in to teach the classes when the instructors are not able to be here. Thank you, Linda Hoerig, Bert Grothaus, Georgette Cook and all other volunteers for your hard work and dedication!

HALLOWEEN in the HUDSON RIVER VALLEY

&

CASTLES OF NEW YORK

MULTI-DAY TRIP

October 1—6, 2024

Featuring THE GREAT JACK O' LANTERN BLAZE. Stroll through an 18th century landscape and discover a breathtaking display of more than 7,000 illuminated jack o' lanterns—all designed and hand-carved by local artisans.

TOUR INCLUDES:

- Modern Motorcoach Transportation
- 5 Nights Lodging
- 5 Breakfasts—2 Lunches—3 Dinners
- Bill's Bike Barn
- Wing's Castle
- Millbrook Winery
- Culinary Institute of America
- Boat Cruise on Hudson River
- Kykuit—"The Rockefeller Estate"
- Great Pumpkin Blaze
- Lyndhurst Mansion
- Philipsburg Manor
- Legend of Sleepy Hallow Storyteller
- Washington's Headquarters
- Steamtown National Historic Site
- Houdini Museum & Magic Show
- Tax & Tips on included Meals
- Luggage Handling
- Bus Driver Gratuities

COST PER PERSON:

| | |
|---------------------|--|
| \$2,139.00 - Double | Deposit—\$100 at time of registration |
| \$2,889.00 - Single | Balance Due August 1, 2024 |
| \$1,919.00 - Triple | Cancellation Protection Available at \$175 per person |

AEC "BOOK NOOK" LIBRARY IS OPEN ANYTIME THE CENTER IS OPEN. GENTLY USED BOOKS ON **SALE**. HARD COVERS 50¢ & PAPERBACKS 25¢. WE TAKE DONATIONS OF BOOKS ALL YEAR ROUND.

AEC "BUTCH BROWN MEMORIAL" CAR SHOW

SATURDAY, JUNE 1, 2024

10:00AM—2:00PM

AUTO ENTRY FEE: \$10

Event is open to the public

MAJOR SPONSORS:

Baumann Chevrolet Buick GMC

Coppus Motors

Tiffin Auto Mart

Reineke

TAI CHI at AEC

Beginner Class at 8:30AM

Join us each Friday at 9:00AM

Doctors are recommending Tai Chi for **balance, stress relief, and fatigue**. Tai Chi actually **gives you energy**, leaving you feeling refreshed when you finish! The slow, dance-like speed of Tai Chi creates balance, flexibility and calmness.
Cost: \$1.00 per class.

ALLEN EIRY CENTER UPCOMING SINGLE DAY TRIPS

| | | |
|----------------|---|---------|
| Apr. 10, 2024 | Wed. Brown Derby Evening Diners | 4:00PM |
| Apr. 18, 2024 | Thurs. Great Northern Mall—North Olmsted | 8:30AM |
| Apr. 23, 2024 | Tues. Spring Lunch Bunch | 11:00AM |
| May 1, 2024 | Wed. “Company—The Musical” - Cleveland | 2:15PM |
| May 8, 2024 | Wed. Spring Amish | 7:30AM |
| May 16, 2024 | Thurs. Spring Extravaganza—Ontario, OH | 7:30AM |
| June 5, 2024 | Wed. Spaghetti Warehouse & Libbey Warehouse | 9:45AM |
| June 20, 2024 | Sun. “Back to the Future” - Cleveland | 1:15PM |
| June 28, 2024 | Fri. Toledo Mudhens vs. Louisville Bats | 3:30PM |
| July 18, 2024 | Thurs. 1812 Food & Spirits—Port Clinton | 2:30PM |
| Aug. 1, 2024 | Thur. “M.J.—the Musical” - Cleveland | 2:15PM |
| Aug. 7, 2024 | Wed. Lake Erie Sunset Cruise | 5:00PM |
| Aug. 29, 2024 | Thurs. Hollywood Casino—Toledo | 9:00AM |
| Sept. 5, 2024 | Thurs. Toledo Firefighter Museum/Old Bag of Nails | 8:30AM |
| Sept. 13, 2024 | Fri. Day at Marion, Ohio | 8:30AM |
| Nov. 22, 2024 | Fri. Christmas Connection—IX Center Cleveland | 8:00AM |

UPCOMING MULTI-DAY TRIPS

May 20—23, 2024 THE FINGER LAKES REGION

October 1—6, 2024 HALLOWEEN IN THE HUDSON RIVER VALLEY
& CASTLES OF NEW YORK

November 10—19, 2024 LOUISIANA / NO MAN’S LAND

Travelers, we’re excited for the 3 multi-days trips that are in this newsletter! All of our multi-days trips include tips (no envelopes passed for drivers or step-on guides.) We add many extras at no additional charge, such as games and snacks, and we always have water on board. We negotiate the best prices to keep our travelers cost down and affordable.

Travel Registration Guidelines: NEW SINGLE-DAY TRIP REGISTRATION BEGINS WED. APRIL 10, 2024.

1. Each member will be able to sign up a total of two members for each trip.
2. New trip registration dates are announced in the description of the trip.
3. On the first day of registration for single-day trips, there will only be “in person” registration from 8:30—10:00AM. We will begin taking phone registrations at 10:00AM.
4. Reminder that any trip registrations over the phone must be paid within 10 days.
5. Non-members cannot sign up for trips until Thursday of registration week.
6. You can register for multi-day trips at any time.

SPRING LUNCH BUNCH

WHEN: Tuesday, April 23, 2024
DEPART: 11:00AM
RETURN: After Lunch
COST: \$9.00 (Due at signup) (Meal Extra)

We will go to a mystery location, eat delicious food and enjoy the company of 50 other travelers. Join old friends, new friends and have a good time! Our lunch bunches are always a sell out.

Supporting Our Loved Ones



S.O.L.O.

Do you have a loved one living with dementia? No matter what stage they may be in, this support group exists to provide support for you. The group is lead by MaryLee Creeger, who is now retired after working several years at an adult care facility. Her knowledge is exceptional when it comes to dealing with dementia. This support group is open to all adults and will be held at the Allen Eiry Center the 3rd Tuesday of each month @ 7:00PM. We hope you join this great group of people and go home with a better feeling and knowledge concerning your loved one. Please call 419-448-9774 if you plan to attend.

SUNSET CRUISE—LAKE ERIE ISLANDS ON THE GOODTIME I

WHEN: Wednesday, August 7, 2024
DEPART: 5:00PM
RETURN: 10:45PM
COST: \$41.00 (Due at signup) (Pizza/drinks extra)
 NEW TRIP REGISTRATION BEGINS WEDNESDAY, APRIL 10 @ 8:30AM



The 2 hour sunset cruise is a relaxing time on Sandusky Bay, Lake Erie, and all the beautiful sites along the coast. Enjoy a great sunset while listening to light entertainment, and enjoy pizza and drinks for purchase. The entertainment for August 7 will be Cooper Eller. Cooper is a singer/guitarist, bass player, drummer and D.J. from Ohio. *Sign up ASAP while there are still seats available on the allotment.*

TOLEDO MUD HENS vs. LOUISVILLE BATS

TOLEDO

WHEN: FRIDAY, JUNE 28, 2024
DEPART: 3:15PM
RETURN: AFTER 7:05PM GAME & FIREWORKS
COST: \$65 (Due at signup) (Meal included)

Baseball season will be here before we can say “Take me out to the ballgame!” The Hens will be taking on the Triple-A affiliate of the Cincinnati Reds, who are traveling from Louisville Slugger Field to play against the Mud Hens!

We are eating an “all you can eat” buffet in the air conditioned Roost. You can stay there or you will each have a seat in the Nest to watch the game.

Fireworks are back on Friday nights, so we will have a fun evening: Good food—good ball—great fireworks!

THIS IS A “FAMILY” TRIP:

When a member signs family members to travel on a “family designated trip” there is no additional fee. Those guests will pay the member rate with no surcharge added, no matter the age of the guest.

CARDIO DRUMMING 50+ CLASSES

Tuesdays & Thursdays @ 8:00AM

Cost per class: \$1.00

This class can be done by standing or sitting and by people of different physical abilities. It’s fun, keeps you active and lots of benefits will be gained! This class is lead by Brandie Gruss, Life Coach. You need to be a current member of AEC to participate. You can start at any time. Bring your own exercise ball and wear comfortable clothes and tennis shoes.



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CHRISTMAS CONNECTION 2024*IX Center—Cleveland***WHEN:** Friday, November 22, 2024**DEPART:** 8:00AM**RETURN:** 7:00PM**COST:** \$32 (due at signup) (Meal extra)

It's one stop shopping, entertainment, food and fun!

Shop more than 500 booths for unique Christmas gifts for everyone on your list, from holiday décor and apparel to toys, treats and more. The Christmas Connection is a festive marketplace where you can shop for holiday gifts, see works from local artisans, experience holiday displays that will inspire your own

decorations, and much more!

Whether you're joining us at the IX Center with a long shopping list or just looking for a fun day out with family and friends, there's something for everyone at the show with hundreds of vendors to explore and unique features to enjoy. Your shopping experience will include quality products and services, tasty treats, festive fun for everyone, entertainment and a chance to save money. Places to sit and enjoy!

This is a fun day full of excitement!

Come join us!

COMPANY "THE MUSICAL"*Cleveland Playhouse Square***DATE:** Wednesday, May 1, 2024**DEPART:** 2:15PM**RETURN:** After 7:30 Show**COST:** \$92 (Due at signup) (Meal extra)

It's Bobbie's 35th birthday party and all her friends keep asking why isn't she married? Why can't she find the right man and isn't it time to settle down and start a family? As Bobbie searches for answers, she discovers why being single, being married, and being able to live in the 21st century New York City could drive a person crazy. This revelatory new production of Stephen Sondheim and George Fruth's groundbreaking musical comedy is downright hilarious. Join us for a fun evening in the city—COMPANY is getting great reviews. We will go to the Buzz before the show and get the scoop! Eating before the show.

SPAGHETTI WAREHOUSE & LIBBEY GLASS OUTLET*TOLEDO***WHEN:** Wednesday, June 5, 2024**DEPART:** 9:45AM**RETURN:** 3:30PM**COST:** \$33.00 (due at signup) (All Inclusive)*2 Warehouses - One to eat, one to shop!*

We will be eating at the Spaghetti Warehouse—when you sign up please let the office know your choice of lunch:

1. *Spaghetti & Meatballs*
2. *15 Layer Lasagna*
3. *Fettuccini Alfredo*
4. *Grilled Chicken Caesar Salad*
5. *Four-cheese Manicotti*

All meals come with a crisp garden salad, freshly baked sourdough bread and your choice of a soft drink or iced tea. We have also included a gourmet cupcake for dessert.

After lunch we will visit the nearby Libbey Glass Outlet. They offer the largest selection of glassware, dinnerware, and home décor products. Choose from stemware, tumblers, cocktails, mugs, plates, bowls, vases, candle accessories and so much more.

Fun Day—Fun People!

Libbey®
GLASSWARE

2024 PAVERS & BRICKS—Each spring we give our members and friends the opportunity to purchase an engraved paver or brick to be placed in our main entrance at the Allen Eiry Center. Pavers cost \$100 and Bricks cost \$50. Order forms for the pavers and bricks are available at AEC. The deadline for 2024 spring paver/brick orders is June 1st. Although you can order your paver/brick at any time throughout the year, if you get your order to us by June 1st you are guaranteed that your paver/brick will be put in place during the summer of 2024.



"I Love Lucy"

TEA PARTY

FRIDAY APRIL 26TH 1-3PM
ALLEN EIRY SENIOR CENTER
TIFFIN, OHIO
TICKETS REQUIRED

TEA TIME TIFFIN
VINTAGE TEA ROOM

AE

SCAN FOR
INFORMATION & TICKETS

OR VISIT TEATIMETIFFIN.COM

TEA PARTY INFORMATION...

If you are not able to purchase a ticket on line, we invite you to **purchase one at the Allen Eiry Center**. Tickets are \$35.00 each. If you purchase a ticket for a friend at AEC you will need the following information:

- *Your friend's email address.
- *Do they have food allergies?
- *Are they a Gentleman with a Mustache?
- *Who do they want to sit with?
- *Have they read the information inside the ticket link?

Refunds are only available up to 24 hours before the start of the party.

You'll have a great time at our tea!!
Tabitha presents a wonderful program!

HOLLYWOOD CASINO—TOLEDO

WHEN: Thursday, August 29, 2024
DEPART: 9:00AM
RETURN: 4:00PM
COST: \$22.00 (Due at signup) (Meal extra)

GREAT NEWS...You will receive \$10 free play and \$10 food credit from the casino on this specific trip!

We are excited to extend this special offer to those who travel with us.

You will have four hours to play and an extra hour to have a great lunch. The restaurant has awesome food at reasonable prices. We will be traveling in our own buses, so bring yourself, your friends and your players club card (if you are new you can sign up at the casino.)

Optional-
suitcase to bring all your winnings home 😊 😊

Gambling trips fill up quickly, so be sure to sign up early.



"A DAY IN MARION, OHIO"

WHEN: Friday, September 13, 2024
DEPART: 8:30AM
RETURN: 5:15PM
COST: \$82.00 (Due at signup) (All inclusive)

A great day is planned for you!

1st Stop: Harding Home Museum/Brand New Museum
The Harding Home was built 1891 and was the home of Warren and Florence Harding for 30 years. They moved from their Marion home to the White House when Harding was inaugurated as the 29th President of the United States. The home is 95% original in content. Enjoy the NEW HARDING MUSEUM!

2nd Stop: Marion Palace Theatre Lunch, Tour & Trivia

The Marion Palace Theatre was built 1928 and designed by renowned atmospheric theatre architect John Eberson. Commissioned by V.U. Young and his amusement company, the Spanish design has transported guests to another place and time for over nine decades. This is a "must see" historic gem. Our lunch will be served as we dine on the stage and will include roasted pork loin, loaded potato casserole, cheese-cake, salad, rolls and beverage. We will also enjoy an organ concert!

3rd Stop: We will board our bus with a step on guide to visit three stops including the Harding Memorial, the Veterans Memorial Park and the Marion Cemetery. Join us as we "TOUR MARION."

APRIL "OUR MONTH OF GIVING"

The Allen Eiry Center members are always generous in their kindness to others!

We are collecting needed items for both the Salvation Army and TLC (homeless shelter)

Monday, April 22 – Friday, April 26, 2024

ITEMS NEEDED:

Dish Soap
Toilet Paper
Laundry Detergent
Toilet Bowl Cleaner
Ramen Noodles
Cereal
Juice & Juice Boxes



ALLEN EIRY
1893 - 1974

