



Allen Eiry Center

Activities, Events, Travel, and More

PHONE: (419) 448-9774

MONDAY—FRIDAY 8:30AM-4:00PM

28 HOPEWELL AVE., TIFFIN, OHIO

www.alleneiry.com

February 2026

Volume 162

Winter Weather Reminder

Ohio winter weather is here! Please remember:

- The **Allen Eiry Center will be closed during a Level 2 or Level 3 Snow Emergency.**
- If the snow level is **reduced to a Level 1 or no level before noon**, the Center **will reopen for the day.**

Your safety is our top priority—
stay warm and stay safe this winter!

ADDRESSING CONCERNS ABOUT NURSING HOME & LONG-TERM CARE COSTS

As we age, long-term care expenses—such as nursing homes or assisted living—can become the biggest threat to financial security. These costs can quickly deplete savings, investments, and even a family home.

Local attorneys Jane Dell and Paul Burtis of Dell Burtis Law will present real-life examples showing how individuals and families have protected important assets, including:

- ♦ A primary residence
- ♦ Rental property or farm ground
- ♦ IRAs and retirement accounts
- ♦ Savings and investments



**FREE ~ OPEN TO THE PUBLIC ~
CALL TO SAVE YOUR SEAT
419-448-9774**

TUES., MARCH 31, 2026 @ 10:30 AM

This presentation is for you if you:

- ♦ Want a plan in place before nursing home care is needed
- ♦ Are facing nursing home care in the near future
- ♦ Have a loved one already in a nursing home
- ♦ Want to protect family members from financial or funeral expenses

This information applies to married couples, single individuals, widows/widowers, and families of all kinds. While laws will be discussed, the focus is on practical, real-world solutions.

Photo Shoot Fundraiser

Benefiting the Allen Eiry Center

Maria Wahl Photography and Photos by Kendel

By Appointment Only

Wednesday, March 18, 2026

Call right away to schedule your appointment.

**The cost is \$30 paid at the
time of the reservation.**



SESSION INFORMATION

- **\$30 sitting fee**
- **15-minute professional photo session**
- **Prints & digital options available**
- **Family members & pets welcome**
(Up to 6 people total)

Light touchup is available. You will have the option to purchase prints or you can purchase the digital image with a photo released. Packages with prices will be available at the desk.

**ALLEN EIRY CENTER
28 HOPEWELL AVE, TIFFIN, OH
419-448-9774**

DINE FOR A CAUSE!

Support the Allen Eiry Center
at Xcaret Restaurant
Tiffin, Ohio



**Monday, February 23, 2026
10:00 AM – 11:00 PM**

Enjoy great food while giving back!

On **February 23rd**, dine at **Xcaret Restaurant** and help support the **Allen Eiry Center**.

Simply mention AEC to your server, and a portion of your purchase will be donated to the Allen Eiry Center.

Every meal makes a difference!
Thank you for supporting our community.

VOLUNTEERS NEEDED - PLEASE CALL THE CENTER IF YOU CAN HELP. 419-448-9774

1. Feb. 20, 2026: Friday at 9:00 AM to fold newsletters
2. April 2, 2026: Thursday at 1:00 PM to stuff Easter eggs
3. April 4, 2026: Saturday at 7:00 PM to hide Easter Eggs for the AEC Easter Fundraiser

**Toledo Mud Hens
VS.
Omaha Storm Chasers
In Toledo**

When: Sat., Aug. 8, 2026
Depart: 4:15 PM
Return: after 7 PM Game
Cost: \$69.00 (all inclusive)

The Omaha Storm Chasers are an affiliate of the Kansas City Royals. They are great competition for the Hens.

We have our all American Buffet reserved—this all you care to eat feature adds to the ball game fun.

We have indoor seating for our dinner and outdoor seating for the game—the best of both worlds!

Usually we sell out both buses; come join the fun, bring the family.

Family pays the same as a member for the evening.

**Toledo Walleye
VS
Cincinnati Cyclones**

When: Fri., April 10, 2026
Depart: 4:15 PM
Return: after 7:15 PM Game
Cost: \$69.00 (all inclusive)

Great News! We are eating in the GOAL ZONE on the arena's first level and have 3rd-6th row seating behind the glass on the ice level. With all American buffet, it will be a great night.

Walleye will take on the Cincinnati Cyclones, the NHL affiliate of the Toronto Maple Leafs.

Come join us for a fun night, hockey fun, good food, fellowship and added attractions.

Please be aware of the security protocols—clear bags or clutch size purses.

Family pays the same as a member for the evening.

BINGO!
Always a fun time!

**Friday, Feb. 6, 2026
 @ 1:00 PM
 at AEC
 Provided by
 The Willows at Tiffin**


 THE WILLOWS
 AT TIFFIN



**Friday, Feb. 20, 2026
 @ 1:00 PM at AEC
 Provided by
 Bridge Home
 Health & Hospice**

Find Your Flow at AEC Yoga

Join our welcoming yoga classes led by
Suzanne Reinhart and Janet Herzog.

These classes are perfect for all experience levels.
\$5 per session.

Chair Yoga

- Mondays at 9:00 AM
- Wednesdays at 10:00 AM



Floor/Mat Yoga (Bring your own mat)

- Mondays at 4:30 PM (*Market St. Door*)
Led by Suzanne Reinhart
- Wednesdays at 8:00 AM (*Doors open at 7:45 AM*)
Led by Suzanne Reinhart
- Fridays at 6:30 AM (*Market St. Door*)
Led by Janet Herzog

New to yoga?

Please call ahead to learn about our **beginner-friendly floor yoga class.**

Come move, breathe, and feel your best at AEC!

**“OFF OUR ROCKERS
 CHORUS”**

See you in March of 2026!

Call AEC at 419-448-9774 to hear the fun details of the chorus!

WELCOME NEW & RETURNING MEMBERS



Francine Neal
Jeffrey Fuhrer
Penny Lawrence
Rose Dariano
Theresa Nichols
Steve Nighswander
Susan Nighswander
Mary Ann Gabel
Carol Vaughn
Michael Frase
Teresa Hess
Judy Conte

Rufus Tyree
Karen Windau
Christine Maiberger
Chuck Bowers
Janet Bowers
Judy McGee
Gary Conley
Carol Conley
Joe Salardi
Pat Salardi
Wayne Ward
Missy Bowerman
Deb Dawson
Kevin Wasserman

IT'S GAME TIME AT AEC!!

Join us and have fun!

COMPETITIVE EUCHRE ~ MONDAYS @ 1:00 PM
COMPETITIVE PINOCHLE ~ THURSDAYS @ 1:00 PM
CANASTA ~ MONDAYS @ 1:00 PM
BRIDGE ~ MONDAYS @ 1:00 PM
MEXICAN TRAIN DOMINOS ~ TUESDAYS @ 10:00 AM
TUESDAY FUN DAYS ~ TUESDAYS @ 1:00 PM
MAHJONG and BOARD GAMES FRIDAYS @ 1:00 PM
CHAIR VOLLEYBALL WEDNESDAYS & FRIDAYS
@ 2:00 PM @ 2:15 PM

Basic Balance Program

If you are looking for the opportunity to improve your balance, this class may be just for you! Basic Balance class will offer the following:

1. Balance education
2. Ongoing, weekly exercises to strengthen the legs, core and overall body
3. Group accountability
4. Fun social interactions and relationships

Class will be held each Monday @ 10 AM.

Cost per class \$1.00.

Participants must be able to stand, sit, and move around the room independently. There will be no one-on-one support offered.

This class is open to the public for anyone 50 years of age and older.

If in doubt, come try it out!

Feel the Beat. Move Your Body. Have Fun! Cardio Drumming 50+

Tuesdays & Thursdays 8:00 AM

Doors open at 7:45 AM

Only \$1 per class!

This upbeat class combines music, movement, and rhythm to get your heart pumping—while having a blast. Whether you prefer to **stand or sit**, and no matter your physical ability, this class is designed to meet you where you are.

Why you'll love it:

- Fun, low-impact cardio
- Great for balance, coordination, and energy
- Welcoming, supportive environment
- Perfect for **men and women alike**

You can **start anytime**, bring your **own exercise ball**, wear comfortable clothes, and lace up those tennis shoes.

Looking for a fun, energizing way to stay active? Cardio Drumming is the workout you didn't know you were missing!



EVENING DINERS BROWN DERBY ROADHOUSE ONTARIO, OH

When: Mon., March 9, 2026

Depart: 4:00 PM

Return: after dinner

Cost: \$16.00 (meal extra)

They always treat us right at the Brown Derby—their wood fired steaks, chicken and pork chops, their huge baked Idaho potatoes, sweet Sue's sweet potatoes with cinnamon butter, western fries, house salads and, of course, the home-baked yeast rolls with honey butter. It's your choice.

Don't get shut out—sign up and enjoy fun, friends and FOOD!!

SPRING AMISH TRIP

When: Wed., April 29, 2026
Depart: 7:30 AM
Return: 7:30 PM
Cost: \$71.00 (meal included)

Thinking Spring Already? We Are!
 Our annual Amish Trip is just around the corner, and it's *always* a big sell-out—so now is the perfect time to start planning!

This year's adventure includes a full, all-you-can-eat buffet at Der Dutchman, featuring all the favorites: chicken, ham, corn, dressing, noodles, mashed potatoes, salad and, of course, pie and a soft drink. Come hungry! We'll also make several fun stops throughout the day, giving you a great chance to start picking up a few things for spring—especially in the garden areas and local shops.

If you'd like to bring a soft-sided cooler for any goodies you purchase along the way, feel free!
 It's going to be a wonderful day of food, friends, and fresh finds. Stay tuned for more details—and think spring!

Discover the Power of Tai Chi at AEC

Slow down, breathe deeply, and feel better—**Tai Chi** is a gentle yet powerful way to improve your health and well-being. Whether you're brand new or looking to continue your practice, Tai Chi at AEC is a wonderful way to move, relax, and feel your best.

Beginner Class Friday at 8:30 AM
Regular Class Friday at 9:00 AM
Cost: Just \$1.00 per class

Doctors are increasingly recommending Tai Chi to help with **balance, stress relief, and fatigue**—and for good reason! This graceful, dance-like practice helps improve **flexibility, coordination, and calmness**, while actually **boosting your energy**. Many people finish class feeling refreshed, relaxed, and recharged.

Why try Tai Chi?

- Improves balance and stability
- Reduces stress and tension
- Gentle on the body—great for all fitness levels
- Promotes calm focus and steady energy

Give it a try—you may be surprised how good you feel!

BEST SHOWS OF BRANSON

April 13 – 18, 2026

Discover why Branson is called the live music show capital of the world, and enjoy exciting live shows including Clay Cooper and Presley's Country Jubilee, plus more toe-tapping, hand-slapping, and laughter-filled entertainment than you can handle.

TOUR HIGHLIGHTS

- Four music shows
 - Dolly Parton Stampede Dinner Show
 - Presley's Country Jubilee
 - Clay Cooper's Country Express
 - The SIX Show
- Dick's 5 and 10
- College of the Ozark tour with lunch
- Table Rock Visitor Center
- Larry Bird Museum
- Eugene V. Debs Museum
- Five nights' lodging
- Five hotel breakfasts
- One Lunch
- Three dinners
- Plus, two complementary 5:30 Drury kickbacks
- All Taxes and tips on the above services
- Hotel luggage handling (as available)
- Motorcoach Transportation & Driver's Gratuity
- Itinerary subject to change*

PER PERSON PRICES

\$1,535 DOUBLE OCCUPANCY
 \$1,425 TRIPLE
 \$1,365 QUAD
 \$2,085 SINGLE
 \$250 PER PERSON DEPOSIT
 due with reservation

Final payment due by February 20, 2026

Cancellation waiver is available.
 \$120 per person double
 \$90 per person triple & quad
 \$150 per person single occupancy

Discover the Art of Wood Carving!

Join us every **Thursday at 9:00 AM**

for a relaxed community wood carving session.

Meet new people, learn the basics, and carve at **your own pace**—no experience needed!

Allen Eiry Center
 28 Hopewell Ave
 Tiffin, Oh



Join Us for Monday Morning Crafting!**February 9 & 23 at 9:00 AM**

Bring your creativity and join our warm and welcoming crafting group! Each Monday, we gather to work on handmade items that will become special Christmas gifts for Calvert Elementary students to purchase for their family and friends.

Throughout the year, our crafting sessions help create beautiful, heartfelt treasures—made with care, community, and fun. We invite you to join us, share your ideas, and lend your talents to brighten the holiday season for our students and their families.

Everyone is welcome — come craft with us!

St. Augustine, Florida & Georgia's "Golden Isles" Jekyll Island & St. Simons Island

November 2-10, 2026
A Resort for the Ages

Welcome to Jekyll Island's stunning coastline at the Jekyll Island Ocean Club, Jekyll's only oceanfront all suite resort. The AAA Four Diamond Luxury resort hosts 40 oceanfront suites with breathtaking ocean views. **STAY 2 NIGHTS!**

TOUR INCLUDES:

Modern Motorcoach Transportation
8 Nights lodging
8 Breakfasts—1 Lunch—3 Dinners
2 Drury Kickback Receptions
Tour of "Replacements"
Myrtle Beach's—Carolina Opry
Georgia's Sea Turtle Center
Jekyll Island Trolley Tour
Tour St. Simons Island
Kingsley Plantation
St. Augustine Trolley Tour
St. Augustine Boat Cruise
Beautiful Beaufort, S.C.
Horse Carriage Tour of Beaufort
Billy Graham Library
Visit Andy Griffith's "Mayberry"
Luggage Handling
Tax & Tips on Included Meals
Coach Driver & Step-on-Guide Tips

Cost Per Person:

Double Occupancy \$2,999.00
Single Occupancy \$4,299.00
Triple Occupancy \$2,699.00

**Deposit \$200 is due at time of registration.
Balance is due Sept. 2, 2026**

Cancellation Protection: \$240.00 per person due with your deposit. This protects all monies (except the \$240) in the event of cancellation prior to departure for any reason.

Soaring Eagle Resort & Turkeyville Dinner Theater & Fire Keepers Casino

March 11 - 13, 2026

Join Allen Eiry Travelers for a getaway to Soaring Eagle Casino Resort. Immerse yourself in luxury with first class lodging, upscale dining, spa and more. Even if you are not a gambler, this is a great getaway to enjoy time with friends.

TOUR INCLUDES:

Modern Motorcoach Transportation
**2 Nights—Soaring Eagle Resort— AAA Four
Diamond Resort**
FireKeepers Casino — \$25 Casino Package
Soaring Eagle Casino
\$60 Casino Free Play Incentive
\$40 Casino Food Incentive
\$10 Bingo Incentive.
Total incentives is \$135

Turkeyville Dinner Theater: Salute to America— be inspired by flag waving favorites such as "God Bless America", "Yankee, Doodle, Dandy", "You're A Grand Old Flag", and many more. This musical salute to freedom and liberty will be dedicated to those who have defended it. You won't want to miss this matinee that will make you proud to be an American.

Luggage handling & Driver's Tip Included

Cost Per Person:

Double Occupancy \$579/Person
Single Occupancy \$729/Person
Triple Occupancy \$519/Person

**Deposit \$100 is due at time of registration.
Balance is due February 1, 2026.**

Cancellation protection: \$50/person is due with your deposit. This protects all monies except the \$50 in the event of cancellation prior to departure for any reason. Cancellation protection is recommended.

OHIOHEALTH

DELAY THE DISEASE™

THE #1 PARKINSON'S EXERCISE PROGRAM

Delay the Disease® Parkinson's Program

The **Allen Eiry Center** invites you to join **Delay the Disease®**, a specialized fitness program created to help individuals with Parkinson's disease stay active, independent, and confident.

Held **every Monday & Wednesday at 11:45 AM**, this community-based class focuses on improving:

- Strength & balance
- Walking (gait) and mobility
- Coordination & cognitive function
- Overall quality of life

Classes are **led by Mercy's licensed physical therapists** and are specifically designed to meet the unique needs of those living with Parkinson's—at any stage.

For more information or to register:

Call **Mercy Physical Therapy at 419-455-8600**

Cost: Just \$5 for an 11-week session

Classes are at the Allen Eiry Center 28 Hopewell Ave, Tiffin. Take an active step toward better movement, confidence, and independence—**because staying strong matters.**

SPRING LUNCH BUNCH

When: Tues, June 2, 2026
Depart: 11:00 AM
Return: after lunch
Cost: \$11.00 (meal extra)



Spring Isn't Over Yet — Let's Celebrate with One More Adventure!

Summer doesn't officially arrive until June 22, so we're sneaking in one last **Spring outing**—and you're invited! Join our fun, friendly group for a delightful trip to a **mystery destination**. The company is always wonderful, the laughter is guaranteed, and the surprise makes it even better.

Come along for good food, great people, and a little springtime adventure!

FUNDAY TUESDAYS

Join us Tuesdays @ 1:00 PM

Tuesdays • 1:00–3:30 PM

Looking for an afternoon full of laughter, friendly competition, and great company? Come join us for **Tuesday Afternoon Game Time**, where we play *all types* of games — and we mean all!

Bring a friend, bring your favorite game from home, or dive into one of the many classics already on the table. Card games, board games, strategy games... if you name it, we'll play it! Whether it's **Canasta, Socki, Euchre, Uno, Bridge, Pinochle, Pegs & Jokers, Dominoes**, or your personal favorite, there's something for everyone to enjoy.

We kindly ask that all games be open for everyone to join — the more players, the more fun!

Guests are welcome to come and try Game Time once. We're pretty sure after one afternoon of fun, they'll be excited to join AEC and return each week for more good times!

Come play, laugh, and make Tuesday the best day of your week!

Merry Go Round & Cedar Point Museum in Sandusky, OH

When: Wed., May 20, 2026
Depart: 8:30 AM
Return: 4:00 PM
Cost: \$31.00 (meal extra)

Come join us for a delightful day in Sandusky, Ohio, as we visit the Merry-Go-Round Museum and the Cedar Point Museum. The Merry-Go-Round Museum, housed in a building on the National Register of Historic Places, features **Dentzel carving tools as a permanent exhibit**, along with a wide collection of artifacts from **amusement parks, carnivals, and private individuals**. You'll also enjoy beautifully carved carousel figures, a working woodcarving shop, and a ride on the fully restored carousel accompanied by classic band-organ music. Our trip continues to the Cedar Point Museum, home to thousands of items spanning nearly 150 years of history, with engaging displays that celebrate the heritage of the Cedar Point peninsula. Lunch is Cracker Barrel, making this nostalgic and joyful outing one you won't want to miss!

ALLEN EIRY CENTER

UPCOMING SINGLE DAY TRIPS

Feb. 9, 2026	Mon.	Valentine's Lunch Bunch	11:00 AM
Feb. 11, 2026	Wed.	Suff's @ Playhouse Square	2:15 PM
March 9, 2026	Mon.	Evening Diners—Brown Derby	4:00 PM
March 19, 2026	Thurs.	Water For Elephants @ Playhouse Square	2:15 PM
March 24, 2026	Tues.	Lunch At Tony's	11:00 AM
April 10, 2026	Fri.	Walleye vs. Cincinnati Cyclones	4:15 PM
April 23, 2026	Thurs.	The Sound of Music @ Playhouse Square	9:45 AM
April 29, 2026	Wed.	Spring Amish Trip	7:30 AM
May 20, 2026	Wed.	Merry Go Round & Cedar Point Museum	8:30 AM
June 2, 2026	Tues.	Spring Lunch Bunch	11:00 AM
Aug. 8, 2026	Sat.	Toledo Mud Hens vs. Omaha Storm Chasers	4 :15 PM

UPCOMING MULTI-DAY TRIPS

MARCH 11-13, 2026.....SOARING EAGLE RESORT (*Balance due Feb. 1, 2026*)

APRIL 13-18, 2026.....BEST SHOWS OF BRANSON (*Balance due Feb. 20, 2026*)

SEPTEMBER 13-17, 2026...DISCOVER PHILADELPHIA (*Balance due July 13, 2026*)

NOVEMBER 2-10, 2026.....ST. AUGUSTINE, FLORIDA & GEORGIA'S "GOLDEN ISLES"
(*Balance Due Sept. 2, 2026*)

DECEMBER 1-3, 2026.....INDIANAPOLIS CHRISTMAS More info coming soon.

Travel Registration Guidelines: NEW SINGLE-DAY TRIP REGISTRATION BEGINS MON., Feb. 2, 2026.

1. Each member will be able to sign up a total of two members for each trip. Payment due at signup.
2. New trip registration dates are announced in the description of the trip.
3. On the first day of registration for single-day trips, there will only be "in person" registration from 8:30—10:00AM. We will begin taking phone registrations at 10:00 AM.
4. Reminder that any trip registrations over the phone must be paid within 10 days.
5. Non-members cannot sign up for trips until Thursday of registration week.

~ Please do not plan to sign up for Multi Day Trip during New Trip Monday Rush ~

"What good is the warmth of summer, without the cold of winter to give it sweetness." "Let us love winter, for it is the spring of genius." "The color of springtime is in the flowers, the color of winter is in the imagination." "One kind word can warm three winter months."



"It's winter in OHIO, And the gentle breezes blow, Seventy miles an hour, At five below. Oh, how I love OHIO, When the snow's up to your butt, You take a beath of winter, And your nose gets frozen shut."

Discover Philadelphia

September 13—17, 2026

Philadelphia is where America began. It's where the Founding Fathers made history. It's America's first UNESCO World Heritage City. It's about diversity and innovation, pretzels and cheesesteaks, Betsy Ross and Ben Franklin.

TOUR INCLUDES:

Modern Motorcoach Transportation
4 Nights Downtown Philadelphia
4 Breakfasts—1 Lunch—3 Dinners
Sightseeing Tour of Philadelphia
Independence Hall & Liberty Bell
(Subject to Availability)
Reading Terminal Market
Moshula Tall Ship
(Dinner on Board)
Eastern State Penitentiary
Museum of American Revolution
Tour of The Declaration's Journey
US Mint

Tour Betsy Ross House with 1st Person Portrayal
National Constitution center
Christ Church & Burial Grounds
Guide Service for 2 Full Days
Tax & Tips on Included Meals
Luggage Handling
Gratuities for step—on Guides
Driver's Tip

Cost Per Person:

Double Occupancy \$1,799.00
Single Occupancy \$2,359.00
Triple Occupancy \$1,599.00

Deposit \$200 is due at time of registration.
Balance is due July 13, 2026

Cancellation Protection: \$145.00 per person due with your deposit. This protects all monies (except the \$145) in the event of cancellation prior to departure for any reason.

NEW YOGA CLASSES AT THE ALLEN EIRY CENTER

Open to the Public
Instructed by *Janet Herzog*

EARLY MORNING YOGA – FRIDAY MORNINGS

Starts: Friday, January 9, 2026 ~ 6:30—7:30 AM
Cost: \$5 per class, paid at the door

This class builds on poses from the beginner level, adding flows and more advanced poses and balance techniques. Bring a yoga mat. Open to men and women.

Enter through the Market St. entrance for class.

Allen Eiry Center
28 Hopewell Ave., Tiffin
Tiffin, Oh 44883

AEC FITNESS CENTER *** *

Our Fitness Center is for AEC members only. To belong to the Allen Eiry Center, you need to be 50 years or older. The cost of an AEC annual membership is \$35.00.

Call us today to schedule your orientation and get started in the Fitness Center! Once you have your orientation, you will be able to use the fitness center on your own for two weeks at no cost during open hours. After the two week trial period, if you continue to use the fitness center, the annual cost is \$120 with different options to pay.

Equipment includes:

- * 2 Treadmills
- * Universal multi-gym (strength & conditioning)
- * Dumbbells
- * 1 Elliptical
- * Weight Sticks
- * 1 Recumbent Bike
- * 2 NuSteps
- * Schwinn Airdyne





FEBRUARY CELEBRATIONS!



- | | | |
|-------------------------|-----------------------------|---------------------------|
| 1 Doug & Ann Fretz ♥ | 11 Daniel Galaba | 19 Bonnie Miller |
| 2 Diane Munoz | Suzanne Hopple | Bobbi Coats |
| Tamara Wasserman | John Kirian | Georgette Cook |
| Clint & Patti Clouse ♥ | Joyce M Millar | Mark & Diane Munoz ♥ |
| 3 Mary Gillmor | 12 Linda Miller | 20 Gerald Hartman |
| Tim & Pat Demonte ♥ | Tom Scott | Kathy Steyer |
| 4 Earl Peters | Marianne Kline | Bill & Judy Theis ♥ |
| Patricia Sherer | 13 Bonnie Frankenfeld | 21 James Snyder |
| Lynn Martien | 14 Don Nibblett | Barb Gabel |
| Mary Anne Market | Penny Maxhimer | 22 Donna Fate |
| Melba Lucius | Donna Smith | Carol Adams |
| Mark Keller | Pat & Diana Gill ♥ | Cynthia Brodman |
| Pamela Rolleston | Reginald & Sharon Scifers ♥ | 23 Carolyn Mathias |
| Connie English | Anthony & Susan Distel ♥ | Gary Hartman |
| Richard Williams | 15 Leslie Rusch | Laura Haines |
| 5 Don Weller | Sam & Regina Wellman ♥ | Mary Jo Welter |
| 7 Elaine Heise | Darryl & Von Laughlin ♥ | Brian Courtney |
| Jim Ecos | 16 Christa Huss | 24 Jane Staib |
| Richard & Janet Harer ♥ | Lee Vanderveen | Gwen Lengel |
| 8 Larry Frankenfeld | Brenda Ribble | Alfred & Gwynn Reinhart ♥ |
| Roland Zimmerman | Al & Deb Riddlebaugh ♥ | 25 David Gottfried |
| 9 Larry Clausing | Richard & Cheryl Bland ♥ | Ken Hess |
| Jeanette Conley | 17 Fred Segrist | Paul Depinet |
| Mark Joliat | Cindy Moyer | Claudia Hoover |
| Timothy R Smith | Phil & Nora Snyder ♥ | 26 Linda Webster |
| 10 Jane Depinet | 18 Gene Englehart | Mary K Ward |
| John J Millar | Cynthia Starkey | 27 Mary Sauber |
| Christine Maiberger | Lois Studer | Dale Thornton |
| Mike Kimmet | Harvy Mizen | 28 Lewis Miller |
| | Suzette Hossler | |

AEC RUMMAGE SALE

DROP OFF IS MAY 12 & 13, 2026

STAY TUNED FOR MORE INFO

AEC BALLROOM RENTAL AVAILABLE

The all-purpose room is available to rent all through the year. The room fits up to 134 people; tables & chairs are included. You can also rent a section of the room which would fit approximately 35-40 people. Rental cost for AEC Members for one section is \$75 for 4 hours and an additional \$25 for each additional hour. You can add full use of the commercial kitchen for \$25. This is a very attractive, comfortable venue! If you are interested, please call 419-448-9774, stop by, or email us at aescstiffinohio@yahoo.com.

**Retiring?
Turning 65?**



*We offer a variety of services and a
drive to find the perfect plan for you.*

Toria Felton
Account Executive

419-447-4242 Ext. 1155 | tfelton@uisprotect.com



CONSUMER EDUCATION

PRESENTATION

Join us for an informative presentation by a Senior Outreach & Education Specialist from the Office of the Ohio Consumers' Counsel.

Tues, March 10, 2026

@ 10:00 AM

Allen Eiry Center
28 Hopewell Ave.
Tiffin, Ohio

Call to save your seat 419-448-9774



What you'll Learn

- How to recognize common utility frauds and scams
- Your consumer rights
- Tips to protect yourself and your finances
- Where to turn for help and reliable information

FREE ~ OPEN TO THE PUBLIC

LUNCH AT TONY'S

When: Tuesday, March 24, 2026

Depart: 11 AM

Return: After Lunch

Cost: \$12.00 (meal not included)

New trip sign up starts Feb. 2, 2026 @ 8:30AM

Everybody loves Tony's—and especially the fabulous salad bar! We have call-ahead reservations in place, but I'll need to update them with our final headcount as soon as possible.

Please be sure to sign up early so we can confirm our numbers and enjoy a great lunch together, along with wonderful company.

We look forward to seeing you there!



MASSAGE THERAPY

By Jenny Theis



Tues., March 3, 2026

11AM—3 PM

Cost is \$10 for a 15-minute session.
(Due at signup)

Allen Eiry Center
28 Hopewell Ave
Tiffin, Oh 44883

Sign up early, limited spots available.

Please call to reserve your seat

419-448-9774

Sponsored by Good Shepherd Home, Fostoria, Oh

THE SOUND OF MUSIC CLEVELAND PLAYHOUSE SQUARE

When: Thursday, April 23, 2026

Depart: 9:45 AM

Return: 7:15 PM

Cost: \$119.00 (meal not included)

New trip sign up starts Feb. 2, 2026 @ 8:30 AM



I'm happy to share that I was able to secure excellent seats to see *The Sound of Music* at Playhouse Square in Cleveland.

For 65 years, *The Sound of Music* has been one of our "favorite things." With its timeless story and irresistibly charming score, this Rodgers and Hammerstein classic isn't just meant to be enjoyed—it's meant to be shared with friends and fellow travelers. Directed by three-time Tony Award® winner Jack O'Brien, this brilliant and romantic production tells the beloved story of Maria and the Von Trapp family and features unforgettable songs such as *Do-Re-Mi*, *Sixteen Going on Seventeen*, and *Edelweiss*.

This is an afternoon matinee performance. We will enjoy dinner in Cleveland afterward and return home early in the evening. For those who have requested a matinee, this trip is a perfect fit—please be sure to sign up.

If you have any questions, feel free to reach out. I look



BAUMANN
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or call 419-448-1442.

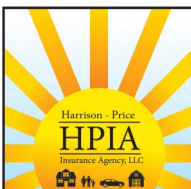


- Independent Living
- Assisted Living
- Skilled Nursing/Rehab
- Short Term Specialist
- Hospice & Palliative Care
- Home Services
- SAIDO Learning
- Memory Care
- Outpatient Therapy
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THE GOLDEN NEWS



CHAIR VOLLEYBALL

Every Wednesday @ 2:00 PM & Friday @ 2:15 PM

It improves cardiovascular fitness, increases stamina, and helps maintain muscle tone. It also enhances upper body mobility and joint flexibility and it improves hand-eye coordination and reflexes. Chair volleyball is suitable for adults of all abilities and activity levels. Promotes a sense of comradery and builds a positive team atmosphere. It can also provide opportunities to meet new people in the local community.

S.O.L.O Do you have a loved one living with dementia? No matter what stage they may be in, this support group exists to provide support for you. The group is lead by Mary Lee Creeger, who is now retired after working several years at an adult care facility. Her knowledge is exceptional when it comes to dealing with dementia. This support group is open to all adults and will be held on the 4th Tuesday each month @ 2 PM. We hope you join this great group of people and go home with a better feeling and knowledge concerning your loved one and yourself. **Please call 419-448-9774 if you plan to attend.**

MEMORIALS


In memory of **Henry Frey**
Given by: Carol Frey
In memory of **James Stoneburner**
Given Friends of Allen Eiry Center

Thank you for supporting the
Allen Eiry Center

SINGLE DAY "NEW" TRIP REGISTRATION

Monday, Feb. 2, 2026.

Doors open at 8:30 AM.
No phone reservations until 10 AM.
Please do not plan on signing up for multiday
trips during this time.
Thank you for understanding.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT./SUN.
<p>2</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 No Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga New Trip Sign up @ 8:30 AM</p>	<p>3</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p>	<p>4</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p>	<p>5</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 NO Chorus 1:00 Pinochle</p>	<p>6</p> <p>6:30 Floor Yoga 8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong 2:15 Chair Volleyball BINGO @ 1:00 PM</p>	<p>7</p> <p>8</p>
<p>9</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga Valentine Lunch Bunch Depart @ 11 am</p>	<p>10</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday Understanding Alzheimer's and Dementia @ 10:30 AM</p>	<p>11</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball Trip: Suff's Depart @ 2:15 PM</p>	<p>12</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 NO Chorus 1:00 Pinochle</p>	<p>13</p> <p>6:30 Floor Yoga 8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong 2:15 Chair Volleyball</p>	<p>14</p> <p>15</p>
<p>16</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 No Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga Ways & Means @ 1:30 PM</p>	<p>17</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday Board Meeting @ 3 PM</p>	<p>18</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p>	<p>19</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 NO Chorus 1:00 Pinochle</p>	<p>20</p> <p>6:30 Floor Yoga 8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 10:00 Quilting 1:00 Board Games 1:00 Mahjong 2:15 Chair Volleyball BINGO @ 1:00 PM Fold Newsletters @ 9 AM</p>	<p>21</p> <p>22</p>
<p>23</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga XCARET FUNDRAISER</p>	<p>24</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 2:00 S.O.L.O. MICROGREENS Presentation 10:30 AM</p>	<p>25</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p>	<p>26</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 NO Chorus 1:00 Pinochle</p>	<p>27</p> <p>6:30 Floor Yoga 8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong 2:15 Chair Volleyball</p>	<p>28</p>
<p>Mention AEC when dining at Xcaret Restaurant</p>					<p>419-448-9774 www.alleneiry.com Like us on</p>  <p>30</p>

ALL ABOUT MICROGREENS*Offered by the Franciscan Earth Literacy Center***Tuesday, Feb. 24, 2026
10:30 AM—11:30 AM**Allen Eiry Center
28 Hopewell Ave, Tiffin**RSVP required by Mon. Feb. 16
by calling AEC 419-448-9774.**

Learn what microgreens are, the different types, some health benefits and grow your own with Seeds of Hope farm Staff. Afterwards, plant your own microgreens to take home and learn how to harvest them yourself in as little as one week!

**NEW YOGA CLASSES
AT THE ALLEN EIRY CENTER****Open to the Public**

The Allen Eiry Center is introducing

A beginners floor yoga class.Instructed by *Janet Herzog***BEGINNER FLOOR YOGA
TUESDAY EVENINGS****Starts: Tuesday, March 24, 2026
Time: 6:00–7:00 PM****Cost: \$50** for the full 8 week session
(paid at registration)
Space is limited. Register early!***Stop in or call to register
419-448-9774***

Intended as an introduction to yoga or as a refresher class, students will be led through the breakdown of basic yoga poses with supportive modifications if needed, gentle stretching, and yoga breath work. Open to men and women. Bring a yoga mat. Enter through the Market St entrance for class.

**UNDERSTANDING
ALZHEIMER'S AND DEMENTIA**

An Educational Program Presented by the
Alzheimer's Association
Northwest Ohio Chapter, in partnership with the
Allen Eiry Center

**Tuesday, February 10, 2026
10:30 AM—11:30 AM****Allen Eiry Senior Center**
28 Hopewell Ave, Tiffin, Oh 44883

Please join us for the first installment of this educational series about Alzheimer's and dementia.

This program will discuss the impact of Alzheimer's, the difference between Alzheimer's and dementia, stages and risk factors, current research and treatments available for some symptoms, and resources available through the Alzheimer's Association.

FREE & OPEN TO THE PUBLIC
Call 419-448-9774 to reserve your seat
*Rain Date is March 3, 2026*SAVE THE DATE: March 24, 2026
Building Foundations of Caregiving**alzheimer's association®**
THE BRAINS BEHIND SAVING YOURS.™**Reflecting on God's Gift of Water***Presented by Judy Hofmann of St. Francis Community***Tues., March 24, 2026 @ 1:00 PM**Allen Eiry Center
28 Hopewell Ave, Tiffin**Please RSVP by Fri., March 20th**
By calling 419-448-9774

- How much of Earth's water is fresh water?
- What are the main sources of our drinking water?
- What role do wetlands play in water management?
- What if one day you turned on the faucet and nothing happened?