



Allen Eiry Center News

Activities, Events, Travel, and More

PHONE: (419) 448-9774
MONDAY—FRIDAY 8:30 AM-4:00 PM

28 HOPEWELL AVE., TIFFIN, OHIO
www.alleneiry.com

September 2026
Volume 169

All October Calendar Raffle tickets and payments must be returned to the Allen Eiry Center office no later than Wednesday, September 30, at 4:00 PM. Every ticket sold helps support the programs and services offered at Allen Eiry Center.

1 ticket = 31 chances to win! 3 tickets = 93 chances to win!

There's still time to increase your chances! Additional tickets are available in the office. Thank you for your continued support and good luck!



BLOOMVILLE LIONS CLUB CHICKEN OR RIB DINNER

Mon., Oct. 26, 2026

Drive-through or picnic-style eat-in dinner.
Pick up 4:30-5:30 PM

Choose between 1/2 rack of Ribs

Or

1/2 a Chicken

Baked Potato, Baked Beans & Dessert

Cost per meal: \$18

Tickets need to be purchased at AEC by
Oct. 16, 2025

Pick up at 28 Hopewell Ave., Tiffin.

Food prepared for this event is
by the Bloomville Lions Club.

Thank you for supporting this AEC
fundraiser!

BURNS FINANCIAL SOLUTIONS



**Tues., Sept. 29, 2026
10:00 AM**

***Overview of Medicare**

***2027 Part D Changes**

***Medicare Supplements vs Medicare
Advantage**

FREE & OPEN TO THE PUBLIC

**Call to save your seat.
419-448-9774**

OSHIIP

Ohio Senior Health Insurance
Information Program

At the Allen Eiry Center
28 Hopewell Ave., Tiffin, OH



Friday, October 2, 2026 @ 10:30 AM

This program is very instrumental in understanding your Medicare & the updates since Medicare changes each year. You really do not want to miss this!

Sign up by calling AEC @ 419-448-9774

This program is
FREE & OPEN to the public.

VOLUNTEERS NEEDED - PLEASE CALL THE CENTER IF YOU CAN HELP

1. Fold Newsletters: Friday, Sept. 18, 2026 @ 9:00 AM *please call the office to let us know you can help
2. Annual Picnic Wed., Sept. 9, 2026
3. Annual Golf Scramble: Sat., Sept. 5, 2026

CHRISTMAS LUNCH BUNCH

When: Wed., Dec. 9, 2026

Depart: 11:00 AM

Return: after lunch

Cost: \$14.00 (meal extra) DUE AT SIGN-UP

New trip sign-up begins @ 8:30 AM Mon., Sept. 14, 2026



Yes, it is summer! Many have asked if they could have the Christmas Party Lunch Bunch date to put on their calendars! Wear red and green, bring your wrapped \$1.00 gift exchange, and come join the fun!

CONGRATULATIONS!**JANE MISNER**

50/50 WINNER

**WELCOME NEW
& RETURNING
MEMBERS**

Karen Knauer
Vicki Abbott
Pat Miller
Alicia Shuff
Wanda Wertz-Fruth
Linda Kessler

Joe Schreiner
Jared Shank
Ann Laux
Cyndy Wagner
Linda Yeater

MEMORIALS**In memory of Don Petersen**

Given by: Dave & Marge Fisher
Anna Wright, Marilyn Mangano
Steve & Gloria Fisher

In memory of Connie Mizen

Given by: Pat Distel

In memory of Rebecca Shank

Given by: Jim Shank

NEW
**ALLEN EIRY CENTER
FALL PLANT SALE & SWAP
FREE EVENT
OPEN TO THE PUBLIC**

Saturday
Sept. 19, 2026
11:00 AM - 1:00 PM

USE MARKET STREET DOOR

Celebrate the beauty of fall by joining us for our Fall Plant Sale & Swap! Whether you're looking to add new plants to your home or garden, share extra plants with others, or simply browse and visit with fellow plant lovers, there's something for everyone. Come enjoy a fun morning of gardening, shopping, and community—we'd love to see you there!

- Houseplants
- Rooted cuttings
- Bulbs
- Indoor cuttings

VENDORS INVITED: Please call the center for more information: 419-448-9774

New!**MASSAGE THERAPY
by Jenny Theis**

Tuesday, September 1, 2026
Tuesday, October 6, 2026
Tuesday, November 3, 2026
Tuesday, December 1, 2026

**Cost is \$10 for a 15-minute session.
(Due at sign-up)**

**Sign up early; limited spots available.
Please call to reserve your seat.
419-448-9774**

SPONSORED BY GOOD SHEPHERD HOME
FOSTORIA, OH

CLUE

The Broadway Show
Cleveland Playhouse Square

When: Wed., Nov. 18, 2026

Depart: 2:15 PM

Return: 11:00 PM

Cost: \$114.00 (meal extra) DUE AT SIGN UP

Murder and blackmail are on the menu when six mysterious guests assemble at Boddy Manor for a night they will never forget! Was it Mrs. Peacock in the study with the knife? Or was it Colonel Mustard in the library with the wrench? Based on the fan favorite 1985 Paramount Pictures movie and inspired by the classic Hasbro board game, CLUE is the ultimate who-dunnit that will leave you dying of laughter and keep you guessing until the final twist. The show has no intermission so it will make for an earlier evening. Has had great audience reviews!

Eating in Cleveland before the show

FERN'S CAFE

Findlay, OH
Evening Diners

NEW

When: Mon., Oct. 19, 2026 & Thurs., Oct. 22, 2026

Depart: 4:00 PM

Return: after dinner

Cost: \$19.00 (meal extra) DUE AT SIGN UP

New trip sign-up starts Mon., Sept. 14, 2026

Fern's is where family and friends have gathered for 75+ years! They have starters like pretzel bites, tots, potato skins, and wings, chef salads, and their famous meatloaf. The Monday special is pizza, and Thursday is their wings-and-chunks special. They have meals such as their meatloaf dinner, Manhattan dinner, chicken, mashed potato bowls, shrimp, perch, and beef on every menu. ***To provide the best experience for everyone, we will take one bus each day. When you register, please let us know which day you would like to attend. To help avoid overcrowding at the restaurant and allow more members to participate, each person may sign up for one of the two available days.

POLARIS & CHERYL'S COOKIES

When: Wed., Oct. 14, 2026

Depart: 9:00 AM

Return: 6:30 PM

Cost: \$40 (meal extra) DUE AT SIGN-UP

New trip sign-up starts @ 8:30 AM Mon., Sept. 14, 2026

NEW!

We will be able to go and get our sugar fix at Cheryl's- they are great to put in the freezer, then onto the Polaris Mall for a little shopping and lunch. Stopping at the specialty shoe and discount stores on the way home. Polaris has great anchor stores - Macy's, VanMaur, etc.

Come and join a great group, shop Columbus Day Sales, and pick your place to have lunch.

Ohio State "The Shoe" Tour

When: Wed., Oct. 7, 2026

Depart: 10:00 AM

Return: 8:00 PM

Cost: \$79 (meal extra) DUE AT SIGN-UP

We will have the VIP stadium tour in Columbus which includes: home locker room, band center & rehearsal hall, recruit room, field, press box, Huntington Club, NetJets Landing, University/President's Suite, Commemorative Coin, Commemorative Credential, and Digital Photo Package!

Fun day for all you BUCKEYE FANS or if you want to check out the rival of your team!

We will stop on the way home for dinner.

****The tour is about 90 minutes with a lot of walking and standing. Wear comfortable clothing and good walking shoes.****



Have an Event Idea? Want to Help Organize One?

Do you or your organization have an idea for a program, class, presentation, or special event that would interest Allen Eiry Center members? Or would you like to help organize an event?

We'd love to hear from you! Contact our office to share your ideas and help us create fun and engaging opportunities for our members.

Your "OFF OUR ROCKERS CHORUS"

Join us every Thursday at 10:00 AM at the Allen Eiry Center for a lively hour of singing your favorite hits from across the decades. Whether you love classic rock, timeless standards, or feel-good favorites, this chorus brings the music — and the memories — to life in a fun, welcoming, and low-stress environment.

Directed by Mimi Lange Johnston and accompanied by Char Pope and Charlene Thomas, this energetic group is open to everyone age 50+. No auditions. No pressure. Just music, laughter, and great company.

All are welcome. All are wanted. Call the Allen Eiry Center at 419-448-9774 to learn more and join the fun!

Karen Knaur is coming back to AEC to make jewelry with you, starting Wed., Sept.23 @ 10:30 AM. Limited class size. \$3.00. Please call the office at 419-448-9774 or stop in to sign up.

FUNDAY TUESDAYS

Join us Tuesdays @ 1:00 PM

Looking for an afternoon full of laughter, friendly competition, and great company? Come join us for Tuesday afternoon game time, where we play all types of games — and we mean all!

Bring a friend, bring your favorite game from home, or dive into one of the many classics already on the table. Card games, board games, strategy games... if you name it, we'll play it! Whether it's Canasta, Socki, Euchre, Uno, Bridge, Pinochle, Pegs & Jokers, Dominoes, tabletop cornhole, or your personal favorite, there's something for everyone to enjoy.

We kindly ask that all games be open for everyone to join — the more players, the more fun!

Guests are welcome to come and try Game Time once. We're pretty sure after one afternoon of fun, they'll be excited to join AEC and return each week for more good times!

Come play, laugh, and make Tuesday the best day of your week!

GAME TIME AT AEC!

Play. Have fun. Make friends.

Mondays @ 1:00 PM

- Competitive Euchre • Canasta • Bridge

Tuesdays

- Mexican Train Dominoes – 10:00 AM
- Tuesday Fun Days – 1:00 PM
- Table Top Cornhole 1:00 PM

Thursdays @ 1:00 PM

- Competitive Pinochle
- Bean Bag Baseball

Fridays @ 1:00 PM

- Mahjong & Board Games

Chair Volleyball

Wednesdays – 2:00 PM & Fridays – 2:15 PM

Everyone welcome—just show up and play!



FREE HEARING SCREENING

Thurs., Sept. 24, 2026



Thurs., Oct. 8, 2026

By appointment only, limited spots.

Call 419-448-9774 to schedule
a 15-minute hearing screening.

Allen Eiry Center

28 Hopewell Ave., Tiffin



UPCOMING SINGLE DAY TRIPS

“Adventure doesn’t retire — it just gets better with company.”

Sept. 3, 2026	Thurs.	Fall Lunch Bunch	11:00 AM
Sept. 24, 2026	Thurs.	Ohio Star Theater ~ ELIJAH	8:45 AM
Sept. 30, 2026	Wed.	Toledo Zoo Senior Day	8:45 AM
Oct. 7, 2026	Wed.	Ohio State “THE SHOE” Tour	10:00 AM
Oct. 14, 2026	Wed.	Polaris & Cheryl’s Cookies	9:00 AM
Oct. 19, 2026	Mon.	Fern Cafe 1	4:00 PM
Oct. 21, 2026	Thurs.	NASA 2nd group	11:30 AM
Oct. 22, 2026	Wed.	Fern Cafe 2	4:00 PM
Oct. 29, 2026	Thurs.	Halloween Lunch Bunch	11:00 AM
Nov. 12, 2026	Thurs.	Texas Roadhouse - Findlay	3:00 PM
Nov. 18, 2026	Wed.	Clue—The Broadway Show	2:15 PM
Nov. 20, 2026	Fri.	Christmas Connection IX	8:00 AM
Dec. 9, 2026	Wed.	Christmas Lunch Bunch	11:00 AM
Dec. 15, 2026	Tues.	Christmas at Elmwood	6:15 PM

UPCOMING MULTI-DAY TRIPS

NOVEMBER 2-10, 2026.....ST. AUGUSTINE, FLORIDA & GEORGIA’S “GOLDEN ISLES”
(Balance Due Sept. 2, 2026)

DECEMBER 1-3, 2026.....INDIANAPOLIS CHRISTMAS
(Balance Due October 1, 2026)

Coming soon:

Betty Boop - Cleveland Playhouse, Wed., Feb. 17, 2027 - Sign-up begins in October.

*Walleye vs Cincinnati Cyclones, Fri., March 12, 2027 - Sign-up begins in October
(Goal Zone on the ice again)*

~ Travelers, please do not park in our main parking lot off of Hopewell Ave. ~

Travel Registration Guidelines

NEW SINGLE-DAY TRIP REGISTRATION BEGINS Mon., Sept. 14, 2026.

1. Each member will be able to sign up a total of two members for each trip. Payment is due at sign-up.
2. New trip registration dates are announced in the description of the trip.
3. On the first day of registration for single-day trips, there will only be “in-person” registration from 8:30—10:00 AM. We will begin taking phone registrations at 10:00 AM.
4. Reminder that any trip registrations over the phone must be paid within 10 days.
5. Non-members cannot sign up for trips until Thursday of the registration week.

~ Please do not sign up for a Multi-Day Trip during New Trip Monday Rush. ~

-Independent Living	-Home Services
-Assisted Living	-SAIDO Learning
-Skilled Nursing/Rehab	-Memory Care
-Short Term Specialist	-Outpatient Therapy
-Hospice & Palliative Care	-Adult Day Program

Medicaid Waiver Accepted!



725 Columbus Avenue
Fostoria, Ohio 44830
419-937-1801

Continuing the work of Jesus
Peacefully. Simply. Together.

Proudly Serving the Community Since 1904

TEXAS ROADHOUSE

Findlay, OH

When: Thurs., Nov. 12, 2026

Depart: 3:00 PM

Return: After Dinner

Cost: \$19.00 (meal extra) DUE AT SIGN UP

Leave the driving to us and enjoy a delicious meal with friends at Texas Roadhouse! Whether you're craving a hand-cut steak, fall-off-the-bone ribs, fresh-baked rolls, or one of their many other favorites, this is a great opportunity to relax, socialize, and enjoy a fun outing. Reserve your seat today by calling the Allen Eiry Center—we'd love to have you join us!

MURDER & MAYHEM IN SENECA COUNTY *Presented by Mark Steinmetz*

Tues., Oct. 6, 2026
10:30 AM

Allen Eiry Center
28 Hopewell Ave
Tiffin, OH

Just in time for the spooky Halloween season, this program will feature the darker side of our local history with a selection of shocking stories that happened right here in Seneca County. We like to think that nothing terrible has ever happened in our small communities, but over the last 200 years, we've experienced things like murders, riots, train wrecks, grave robbing, and criminal outlaws, to name just a few. The program will cover a span of time from 1881, with the tragic killing of Heidelberg student Phoebe Bernard, to the murderous rampage of the "Mad Dog Killers" who terrorized the State of Ohio in the late 1940's.

FREE & OPEN TO THE COMMUNITY

Call to save your seat
419-448-9774

Indianapolis Christmas

December 1-3, 2026

Celebrate the season with the Indianapolis Christmas Trip, December 1-3, 2026. Enjoy festive markets, holiday lights, great meals, and wonderful company while traveling comfortably with the Allen Eiry Center. Reserve your seat early for this magical holiday getaway!

Tour includes:

- Modern Motorcoach Transportation
- Two nights Embassy Suites – Downtown
- 2 breakfasts – 1 lunch – 2 dinners
- Caramel Christkindlmarket
- Beef & Boards Dinner Theatre
- Sightseeing Tour of Indy
- Historical Society's Festival of Trees
- Eiteljorg Museum
- Skyline Room
- "Circle of Lights" at Monument Circle
- Indiana State Museum
- IMAX Theater
- L. S. Ayres Tea Room
- Fort Wayne's Fantasy of Lights
- Luggage handling
- Tax and tips on included meals
- Gratuities for driver

Cost per person:

\$999 – Double Occupancy

\$1299 – Single Occupancy

\$879 – Triple Occupancy

Deposit: \$200 due at time of registration

Balance due: October 1, 2026

Cancellation protection:

\$80 per person due with your deposit. This protects all monies (except the \$80) in the event of a cancellation prior to departure for any reason. Cancellation protection is recommended. For more information, please contact Sara Wax or Allen Eiry Center 419-448-9774.



- Skilled Nursing
- Assisted Living
- Independent Living
- Memory Care
- Rehabilitation

Questions? Concerns? Life Changes?

Don't Let Medicare Drive You Bananas!

Call to Schedule a Free Medicare Review 419-348-7041



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
ALLEN EIRY CENTER, INC. 419-448-9774 SEPTEMBER 2026	1 8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 6:00 Mat Yoga MASSAGE BY APPOINTMENT ONLY 11-3	2 8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Class 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball	3 8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle 1:00 Bean Bag Baseball LUNCH BUNCH DEPART @ 11 AM	4 7:00 Floor Yoga 8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 10:30 Keep Moving Class 1:00 Games 2:15 Chair Volleyball BINGO @ 1:00 PM	5 2026 AEC GOLF SCRAMBLE 6
 CLOSED IN OBSERVANCE OF LABOR DAY	8 8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 6:00 Mat Yoga Mike Gilbert Legend & Lore @ 10:30 AM	9 8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Class 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball AEC ANNUAL PICNIC SERVING 4:30-5:30 PM	10 8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle 1:00 Bean Bag Baseball	11 7:00 Floor Yoga 8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 10:30 Keep Moving Class 1:00 Games 2:15 Chair Volleyball	12 13 Philadelphia departure
14 9:00 Chair Class 9:00 Table Pool 9:00 Stained Glass 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's Class 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga NEW TRIP SIGN UP @ 8:30 AM Ways & Means @ 1:30	15 8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 6:00 Mat Yoga Board Meeting 3:00 PM	16 8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Class 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball	17 8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle 1:00 Bean Bag Baseball	18 7:00 Floor Yoga 8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 10:30 Keep Moving Class 1:00 Games 2:15 Chair Volleyball BINGO @ 1:00 PM Fold Newsletters @ 9:00 AM	19 PLANT SALE & SWAP 11 AM - 1 PM 20
21 9:00 Chair Class 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's Class 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga	22 8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 6:00 Mat Yoga Ohio Department of Taxation presentation on Fraud @ 10:30 AM	23 8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Class 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball Jewelry Class @ 10:30 AM Oil Paint Class with Carol Hoffman 5-8 PM	24 8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle 1:00 Bean Bag Baseball OHIO STAR THEATER EILJAH DEPART @ 8:45 AM	25 7:00 Floor Yoga 8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 10:30 Keep Moving Class 1:00 Games 2:15 Chair Volleyball	26 27
28 9:00 Chair Class 9:00 Stained Glass 9:00 Table Pool 9:00 NO Crafts 10:00 Basic Balance 11:45 Parkinson's Class 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga	29 8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 6:00 Mat Yoga Burns Financial Presentation @ 10 AM	30 8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Class 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball TOLEDO ZOO DEPART @ 8:45 AM			

BE RED CROSS READY

new!

TUES, OCT. 13, 2026
10:30 AM

Free & open to the public

Please call to save your seat.
419-448-9774

- ° Learn how to prepare for emergencies
- ° Create a family emergency plan
- ° Build an emergency supply kit
- ° Stay safe during the severe weather and disasters
- ° Know what to do before, during, and after an emergency
- ° Free educational presentation-no certification required



**American
Red Cross**

ATTENTION

Photo Shoot Fundraiser Benefiting the Allen Eiry Center

Maria Wahl Photography and Photos by Kendel

By Appointment Only

Wednesday, October 28, 2026

Call right away to schedule your appointment.
The cost is \$30 paid at the time of the reservation.

ALLEN EIRY CENTER
28 HOPEWELL AVE, TIFFIN, OH
419-448-9774

Your participation helps
support the Allen Eiry Center
while preserving memories that
celebrate this meaningful
season of life.

Christmas at Elmwood at the Shawhan

new!

When: Tues., Dec. 15, 2026

Depart: 6:15 PM

Return: 8:15 PM

Cost: \$7.00 DUE AT SIGN UP

New trip sign-up starts Mon., Sept. 14, 2026

Elmwood has 50 decorated trees they would like to show us! Enjoy an evening in pure beauty. They plan to roll out the red carpet for us! The trees will sparkle in the night. Snacks and refreshments will be provided by the staff.

Join us for a magical evening.



54 S. Washington St., Tiffin, OH

CHRISTMAS CONNECTION IX CENTER CLEVELAND

new!

When: Fri., Nov. 20, 2026

Depart: 8:00 AM

Return: 6:00 PM

Cost: \$51.00 (meal extra) DUE AT SIGN UP

New trip sign-up starts Mon., Sept. 14, 2026

We will go to the IX Center - YES, the IX Center - they did not move downtown.

It will be hundreds of vendors, lots of entertainment food and places you can sit and relax.

This is their 40th year with 550-700 vendors every show, you can embrace the festive spirit by visiting the booths with unique crafts, gifts, and treats. You are in for a delightful experience.

Few gentle reminders:

Comfortable shoes - there are many places to sit.
Bring some cash - some vendors are cash only.
ATMs are available.

Enjoy the day.

Oil Painting Class

By Carol Hoffman

No experience is needed. You will be working on an 11x14 canvas; all supplies are provided. Carol makes the class fun and the job easy! Enjoy the evening with friends. Bring your own beverages, bring a friend or two, and make it a "friends night out". Please sign up, and payment is due by Sept. 9, 2026.



Wed., Sept. 23, 2026
5:00 PM -8:00 PM

\$40/Due at sign-up

Allen Eiry Center
28 Hopewell Ave, Tiffin
Please use the Market St. door.

Discover the Power of Tai Chi at AEC

Slow down, breathe deeply, and feel better—Tai Chi is a gentle yet powerful way to improve your health and well-being. Whether you're brand new or looking to continue your practice, Tai Chi at AEC is a wonderful way to move, relax, and feel your best.

Beginner Class Friday at 8:30 AM

Regular Class Friday at 9:00 AM

Cost: Just \$1.00 per class

Doctors are increasingly recommending Tai Chi to help with balance, stress relief, and fatigue—and for good reason! This graceful, dance-like practice helps improve flexibility, coordination, and calmness, while actually boosting your energy. Many people finish class feeling refreshed, relaxed, and recharged.

Why try Tai Chi?

- Improves balance and stability
- Reduces stress and tension
- Gentle on the body—great for all fitness levels
- Promotes calm focus and steady energy

Give it a try —
You may be surprised how good you feel!

OHIOHEALTH
DELAY THE DISEASE™
THE #1 PARKINSON'S EXERCISE PROGRAM

Delay the Disease® Parkinson's Program

The Allen Eiry Center invites you to join Delay the Disease®, a specialized fitness program created to help individuals with Parkinson's disease stay active, independent, and confident.

Held every Monday & Wednesday at 11:45 AM, this community-based class focuses on improving:

- Strength & balance
- Walking (gait) and mobility
- Coordination & cognitive function
- Overall quality of life

Classes are led by Mercy's licensed physical therapists and are specifically designed to meet the unique needs of those living with Parkinson's—at any stage.

For more information or to register:
Call Mercy Physical Therapy at 419-455-8600
Cost: Just \$5 for an 11-week session

Classes are at the Allen Eiry Center, 28 Hopewell Ave., Tiffin. Take an active step toward better movement, confidence, and independence—because staying strong matters.

Move, Smile & Feel Better with Joyce Ricci

Feeling achy? Stiff? Out of sorts?
No worries — you're not alone!
Let's move together... slowly, gently, and joyfully.

Fridays at 10:30 AM

Just \$1 per class!

- Slow, smooth, easy movements
- Perfect for beginners
- Move while sitting, standing, or both
- Wake up those "forgotten" muscles
- Improve balance & core strength
- Feel looser, steadier, and more confident
- Friendly faces & social connection

No fancy moves. No pressure to "keep up."

Move at your own pace.

Just movement that meets you where you are.

Come as you are, bring a bottle of water, wear comfortable clothes, and closed-toe rubber-soled shoes.

Feel better together.

AEC FITNESS CENTER

Our Fitness Center is for AEC members only. To belong to the Allen Eiry Center, you need to be 50 years or older. The cost of an AEC annual membership is \$35.00.

Call us today to schedule your orientation and get started in the Fitness Center! Once you have your orientation, you will be able to use the fitness center on your own for two weeks at no cost during open hours. After the two-week trial period, if you continue to use the fitness center, the annual cost is \$120, with different options to pay.

Equipment includes:

- 2 Treadmills
- Universal multi-gym (strength & conditioning)
- Dumbbells
- 1 Elliptical
- Weight Sticks
- 1 Recumbent Bike
- 2 NuSteps
- Schwinn Airdyne



Basic Balance Program

If you are looking for the opportunity to improve your balance, this class may be just for you! Basic Balance class will offer the following:

1. Balance education
2. Ongoing, weekly exercises to strengthen the legs, core, and overall body
3. Group accountability
4. Fun social interactions and relationships

Class will be held each Monday @ 10:00 AM.

Cost per class \$1.00.

Participants must be able to stand, sit, and move around the room independently. There will be no one-on-one support offered.

This class is open to the public for anyone 50 years of age and older.

If in doubt, come try it out!

Find Your Flow at AEC Yoga

Join our welcoming yoga classes led by Suzanne Reinhart and Janet Herzog.

These classes are perfect for all experience levels.
\$5 per session
Floor/Mat Yoga (Bring your own mat.)

~~~~~  
AEC Members

Wednesdays at 8:00 AM (Doors open at 7:45 AM.)  
Led by Suzanne Reinhart

~~~~~  
Public Welcome

• Mondays at 4:30 PM (Market St. Door.)
Led by Suzanne Reinhart

• Tuesdays at 6:00 PM (Market St. Door.)
Led by Janet Herzog

• Fridays at 7:00 AM (Market St. Door.)
Led by Janet Herzog

Come move, breathe, and feel your best at AEC!

HANDS ONLY CPR



American Red Cross
North Central Ohio

TUES., NOV. 10, 2026 10:30 AM

FREE & OPEN TO THE PUBLIC

PLEASE CALL TO SAVE YOUR SEAT

419-448-9774

Learn the two simple steps of Hands-Only CPR. Recognize when someone needs CPR. Know when to call 911. Practice proper hand placement and chest compressions. Gain confidence to help in a cardiac emergency. Informational class only – no certification is provided.



**Harrison-Price
Insurance**
6815 Township Rd 1068
Tiffin, OH
(419) 397-2590

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Downsizing?

CALL TODAY!
419-937-6133



Friday, Sept. 4, 2026
1:00 PM at AEC
Provided by
The Willows
At Tiffin



Friday, Sept. 18, 2026
@ 1:00 PM at AEC
Provided by
Bridge Home
Health & Hospice



new!

LEGEND AND LORE

The Enchanting History of
Witchcraft, Vampires and Werewolves

new!

Presented by Mike Gilbert

Tuesday, Sept. 8, 2026
10:30 AM

Call to save your seat.
419-448-9774
Open to the public.

Explore how the rich and mysterious history of witchcraft, vampires, and werewolves has captivated the human imagination for centuries. Investigate the origins, evolutions, and cultural impact of these supernatural allies.



Help Us Reach Someone Who Needs Us
Do you know a friend, family member, or neighbor who spends most of their time at home? A simple invitation could make a world of difference.

At Allen Eiry Center, everyone 50 and older is welcome. Whether they're looking for friendship, activities, travel, fitness, or simply a place to connect, they'll find it here.

One of the worst things we can do is isolate ourselves. Staying connected with others improves our physical, emotional, and mental well-being. Sometimes all it takes is one person reaching out and saying, "Come with me—I think you'll enjoy it."

If you know someone who could benefit from getting out, please encourage them to visit Allen Eiry Center. Better yet, offer to bring them along. Together, we can help more people build friendships, stay active, and continue living life to the fullest.

Don't keep Allen Eiry Center a secret—share it with someone who could use a little more connection, purpose, and fun.



SENIOR RESOURCES

Learn about fraud prevention, filing requirements, tax deductions, and income credits available for older Ohioans.

JOIN US!
Sept. 22, 2026 @ 10:30 AM

FREE & OPEN TO THE PUBLIC

Allen Eiry Center
28 Hopewell Ave., Tiffin

Call 419-448-9774
to save your seat.



MEAL IN A JAR

Tues., Oct. 13, 2026
1:00 PM



This event is free and
open to the public.

Participants will layer dried beans and spices in an 8-ounce jar, learn meal prep tips, and leave with a ready-to-cook chili jar and recipe card.

DON'T MISS THIS!

Space is limited!
Sign up early. Call 419-448-9774

Happy Anniversary

SEPTEMBER CELEBRATIONS!



- | | | |
|---|---|--|
| 1 Ron Mellott
Nancy Coffman
Kris Klopfenstein
Kris & Sue Klopfenstein ♥ | 13 Terry Starkey
Pat Homan
Steve Shutt
Fran Andersons
Paul & Pamela Bonnell ♥ | 22 Brenda Schwab
Linda Earl
Paul Gase
Kevin Reser
John & Bernie Willman ♥
Dennis & Mindy Young ♥ |
| 2 Jean Bowman
Dwight & Sandy Detterman ♥
Joe & Cookie Kastner ♥
Larry & Linda Earl ♥ | 14 Judy Henderson
Yvonne Schock | 24 Mary Ann Welly
Alan & Deb Sendelbach ♥ |
| 3 Patricia A Smith
Martha Cobb | 15 Myron Wilcox
Jeff & Hollis Schmiedbusch ♥ | 25 Allen Shutt
Don Reinhart
Cindy Drum
Mike & Kathy Yost ♥ |
| 4 Fred Outcalt
Ora Preston
Jimmie Young
John & Jeanette Lynch ♥ | 16 V. Wade Burger
Janet Meyer
Pamela Bonnell
Evone Curry | 26 Joe Schreiner
Margaret Hammer
Mike Roessner
Deborah Fassler |
| 5 Char Pope | 17 Joan Stoner
Pamela Roush
Raymond Racette | 27 Lisa Young
Arlene Feasel
Karen Runion
Marty Hohman
Jean Chaffee
Carol Jenot
Jim & Betty Montz |
| 6 Marge Kirian
Cindy Lupton
Dale & Frazene Thornton ♥ | 18 Jane Shepherd
Ginnie Robinson
Gretta Rumschlag
Patricia Bish
Gerald & Tammy Schalk ♥ | 28 Paulette Heyman ♥
Nancy Bentz
Teresa Copp
Eileen Kleinfelter
Michael Holewinski
Becky Reitz
Blythe & Terry Lemley |
| 7 Sandy Mellott
Linda Schubach | 19 Larry Baker
Janet Gase
Cindy Huff | 29 Janet Wise ♥
Dreah Cook
Terry Nibblett
Eric & Megan Russell |
| 8 Joyce Breidenbach
Debra Racette | 20 Janet Snyder
Nancy Nichols
Sandy Hayward
Mike & Kathy Runion ♥ | 30 Kathy Gillmor ♥ |
| 9 Linda Eakin
Darryl Laughin
Carol Sklar
Linda Phares
Jeff & Lori Thompson ♥ | 21 Tom Vallery
Wynn Schubach
Kathy Spaun
Phyllis Watts
John Patterson
Ken Zahner
Mern & Patricia Bish ♥ | |
| 11 Barbara Simmons | | |
| 12 Herbert Crum
Jane Elchert
Robert Shreiner
Janet K Shutt
Dan Beck
Donna Reiter
Lisa Sholl
Mark & Judy Mack ♥ | | |

AEC BALLROOM RENTAL AVAILABLE

The all-purpose room is available to rent all throughout the year. The room fits up to 134 people; tables & chairs are included. You can also rent a section of the room which would fit approximately 35-40 people. Rental cost for AEC Members for one section is \$75 for 4 hours and an additional \$25 for each additional hour. You can add full use of the commercial kitchen for \$25. This is a very attractive, comfortable venue! If you are interested, please call 419-448-9774, stop by, or email us at aescstiffinohio@yahoo.com.



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THE GOLDEN NEWS

ALLEN EIRY 6th Annual Golf Scramble

Saturday, Sept. 5, 2026
Clinton Heights Golf Course

Shotgun Start @ 8:30 AM

Registration Deadline
September 2, 2026



Come join us for a great day of
Golf, Fun, Prizes, and to support
The Allen Eiry Center.

Don't miss out on this special day
of golf!

Participants will compete for
1st, 2nd, & 3rd place
cash prizes, and more!!

Funds raised from this event
will be used to help support the
Allen Eiry Center.

18 Holes of Golf with Cart
Lunch for Four—

Door Prizes ~Skins
50/50 ~ Mulligans
“Hole In One”

Hole Contest Prizes
and More!

Team Prizes:

1st Place—\$300
2nd Place—\$200
3rd Place—\$100

Thank you.

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1 Team (foursome)

Hole Sponsor: \$110

Company signage on hole
and in program

Teams of four: \$280
Individuals: \$70