



# Allen Eiry Center

Activities, Events, Travel, and More

**PHONE: (419) 448-9774**  
MONDAY—FRIDAY 8:30AM-4:00PM

**28 HOPEWELL AVE., TIFFIN, OHIO**  
www.alleneiry.com

**March 2026**  
Volume 163

## ADDRESSING CONCERNS ABOUT NURSING HOME & LONG-TERM CARE COSTS

As we age, long-term care expenses—such as nursing homes or assisted living—can become the biggest threat to financial security. These costs can quickly deplete savings, investments, and even a family home.

Local attorneys Jane Dell and Paul Burtis of Dell Burtis Law will present real-life examples showing how individuals and families have protected important assets, including:

- ◆ A primary residence
- ◆ Rental property or farm ground
- ◆ IRAs and retirement accounts
- ◆ Savings and investments



**FREE ~ OPEN TO THE PUBLIC**  
**CALL TO SAVE YOUR SEAT**  
**419-448-9774**

**TUESDAY, MARCH 31, 2026**  
**10:30 AM**

This presentation is for you if you:

- ◆ Want a plan in place before nursing home care is needed
- ◆ Are facing nursing home care in the near future
- ◆ Have a loved one already in a nursing home
- ◆ Want to protect family members from financial or funeral expenses

This information applies to married couples, single individuals, widows/widowers, and families of all kinds. While laws will be discussed, the focus is on practical, real-world solutions.



**SUNDAY**  
**MARCH**  
**8, 2026**

## 2026 Mike Gilbert Kickoff

**Tuesday, April 28, 2026**  
**10:30 AM**

**Call to 419-448-9774**  
**Open to the public.**



Mike's presentation, "The Fabulous Fifties: A Decade of Change and Innovation," explores the transformative impact of the 1950s. Marked by post-World War II economic growth, the rise of prosperity, and the expansion of suburbia, this pivotal decade helped shape modern America and laid the groundwork for the United States as we know it today.

Don't miss this fascinating look at a decade that changed everything.

*Next presentation: May 26, 2026*

## Photo Shoot Fundraiser Benefiting the Allen Eiry Center

*Maria Wahl Photography and Photos by Kendel*

**By Appointment Only**

**Wednesday, March 18, 2026**  
*Call right away to schedule your appointment.*

**The cost is \$30 paid at the  
time of the reservation.**

### SESSION INFORMATION

- \$30 sitting fee
- 15-minute professional photo session
- Prints & digital options available
- Family members & pets welcome  
*(Up to 6 people total)*

Light touchup is available. You will have the option to purchase prints or you can purchase the digital image with a photo released. Packages with prices will be available at the desk.

**ALLEN EIRY CENTER**  
**28 HOPEWELL AVE, TIFFIN, OH**  
**419-448-9774**

**VOLUNTEERS NEEDED - PLEASE CALL THE CENTER IF YOU CAN HELP. 419-448-9774**

1. March 20, 2026: Friday at 9:00 AM to fold newsletters
2. April 2, 2026: Thursday at 1:00 PM to stuff Easter eggs
3. April 4, 2026: Saturday at 7:00 PM to hide Easter Eggs for the AEC Easter Fundraiser

**Toledo Mud Hens  
VS.  
Omaha Storm Chasers  
In Toledo**

**When:** Sat., Aug. 8, 2026  
**Depart:** 4:15 PM  
**Return:** after 7 PM Game  
**Cost:** \$69.00 (all inclusive)

The Omaha Storm Chasers are an affiliate of the Kansas City Royals. They are great competition for the Hens.

We have our all-American Buffet reserved—this all-you care-to-eat feature adds to the ball game fun.

We have indoor seating for our dinner and outdoor seating for the game—the best of both worlds!

Usually we sell out both buses; come join the fun, bring the family.

**Family pays the same as a member for the evening.**

**Toledo Walleye  
VS  
Cincinnati Cyclones**

**When:** Fri., April 10, 2026  
**Depart:** 4:15 PM  
**Return:** after 7:15 PM Game  
**Cost:** \$69.00 (all inclusive)

Great News! We are eating in the GOAL ZONE on the arena's first level and have 3rd-6th row seating behind the glass on the ice level. With all American buffet, it will be a great night.

Walleye will take on the Cincinnati Cyclones, the NHL affiliate of the Toronto Maple Leafs.

Come join us for a fun night, hockey fun, good food, fellowship and added attractions.

Please be aware of the security protocols—clear bags or clutch size purses.

**Family pays the same as a member for the evening.**

**BINGO!**  
*Always a fun time!*

**Friday, March 6, 2026  
@ 1:00 PM  
at AEC  
Provided by  
The Willows at Tiffin**



**Friday, March. 20, 2026  
@ 1:00 PM at AEC  
Provided by  
Bridge Home  
Health & Hospice**

**NEW YOGA CLASSES  
AT THE ALLEN EIRY CENTER**

***Open to the Public***

The Allen Eiry Center is introducing  
**a beginners floor yoga class.**  
 Instructed by *Janet Herzog*

**PREREGISTERED ONLY!**

419-448-9774

**BEGINNER FLOOR YOGA  
TUESDAY EVENINGS**

**Starts: Tuesday, March 24, 2026  
Time: 6:00–7:00 PM**

**Cost: \$50** for the full 8 week session  
 (paid at registration)  
 Space is limited. Register early!



Intended as an introduction to yoga or as a refresher class, students will be led through the breakdown of basic yoga poses with supportive modifications if needed, gentle stretching, and yoga breath work. Open to men and women. Bring a yoga mat. Enter through the Market St entrance for class.

## WELCOME NEW & RETURNING

Sally Baker  
Andrew Gase  
Michael Yost  
Kathleen Yost  
Mark Griffin  
Sharon Waters  
Robin Custer

Deb Dawson  
Kevin Wasserman  
Michael McClure  
Julie Williams  
Sharon Heyman  
Leslie Andrzejewski  
Cheryl Lyon  
Dreah Cook  
Larry Cook  
Michael Holewinski  
Jill Holewinski  
Jane Cummings  
Irene Buchanan

## GAME TIME AT AEC!

**Come play. Have fun. Make friends.**

### Mondays @ 1:00 PM

- Competitive Euchre
  - Canasta
  - Bridge

### Thursdays @ 1:00 PM

- Competitive Pinochle

### Tuesdays

- Mexican Train Dominos – 10:00 AM
- Tuesday Fun Days – 1:00 PM

### Fridays @ 1:00 PM

- Mahjong & Board Games

### Chair Volleyball

- Wednesdays – 2:00 PM
- Fridays – 2:15 PM

*Everyone welcome—just show up and play!*

## Basic Balance Program

If you are looking for the opportunity to improve your balance, this class may be just for you! Basic Balance class will offer the following:

1. Balance education
2. Ongoing, weekly exercises to strengthen the legs, core and overall body
3. Group accountability
4. Fun social interactions and relationships

Class will be held each Monday @ 10 AM.

Cost per class \$1.00.

Participants must be able to stand, sit, and move around the room independently. There will be no one-on-one support offered.

This class is open to the public for anyone 50 years of age and older.  
If in doubt, come try it out!

## Feel the Beat. Move Your Body. Have Fun! Cardio Drumming 50+

**Tuesdays & Thursdays 8:00 AM**

*Doors open at 7:45 AM*

**Only \$1 per class!**

This upbeat class combines music, movement, and rhythm to get your heart pumping—while having a blast. Whether you prefer to **stand or sit**, and no matter your physical ability, this class is designed to meet you where you are.

### Why you'll love it:

- Fun, low-impact cardio
- Great for balance, coordination, and energy
- Welcoming, supportive environment
- Perfect for **men and women alike**

You can **start anytime**, bring your **own exercise ball**, wear comfortable clothes, and lace up those tennis shoes.

Looking for a fun, energizing way to stay active? Cardio Drumming is the workout you didn't know you were missing!



## Seneca County Commission on Aging Transportation

Providing rides to medical appointments, grocery store, banking, beauty salon, barber and other appointments.

To make arrangements please call  
419-435-0436

24 hour notice required ~ Donation Based

### March Trivia

**1. March used to be the first month of the year. True!** In early Roman calendars, the year began in March.

**2. What is the name of the first day of spring?**  
The **March equinox**

**3. What is March's birth flower?**  
The **daffodil**, symbolizing hope and new beginnings.

## SPRING AMISH TRIP

**When:** Wed., April 29, 2026  
**Depart:** 7:30 AM  
**Return:** 7:30 PM  
**Cost:** \$71.00 (meal included)

**Thinking Spring Already? We Are!**  
 Our annual Amish Trip is just around the corner, and it's *always* a big sell-out—so now is the perfect time to start planning!

This year's adventure includes a full, all-you-can-eat buffet at Der Dutchman, featuring all the favorites: chicken, ham, corn, dressing, noodles, mashed potatoes, salad and, of course, pie and a soft drink. Come hungry! We'll also make several fun stops throughout the day, giving you a great chance to start picking up a few things for spring—especially in the garden areas and local shops.

If you'd like to bring a soft-sided cooler, with your name on, for any goodies you purchase along the way, feel free!

It's going to be a wonderful day of food, friends, and fresh finds. Stay tuned for more details—and think spring!

## Discover the Power of Tai Chi at AEC

Slow down, breathe deeply, and feel better—**Tai Chi** is a gentle yet powerful way to improve your health and well-being. Whether you're brand new or looking to continue your practice, Tai Chi at AEC is a wonderful way to move, relax, and feel your best.

**Beginner Class Friday at 8:30 AM**  
**Regular Class Friday at 9:00 AM**  
**Cost: Just \$1.00 per class**

Doctors are increasingly recommending Tai Chi to help with **balance, stress relief, and fatigue**—and for good reason! This graceful, dance-like practice helps improve **flexibility, coordination, and calmness**, while actually **boosting your energy**. Many people finish class feeling refreshed, relaxed, and recharged.

### Why try Tai Chi?

- Improves balance and stability
- Reduces stress and tension
- Gentle on the body—great for all fitness levels
- Promotes calm focus and steady energy

**Give it a try—you may be surprised how good you feel!**

## BEST SHOWS OF BRANSON

April 13 – 18, 2026

Discover why Branson is called the live music show capital of the world, and enjoy exciting live shows including Clay Cooper and Presley's Country Jubilee, plus more toe-tapping, hand-slapping, and laughter-filled entertainment than you can handle.

### TOUR HIGHLIGHTS

- Four music shows
  - Dolly Parton Stampede Dinner Show
  - Presley's Country Jubilee
  - Clay Cooper's Country Express
  - The SIX Show
- Dick's 5 and 10
- College of the Ozark tour with lunch
- Table Rock Visitor Center
- Larry Bird Museum
- Eugene V. Debs Museum
- Five nights' lodging
- Five hotel breakfasts
- One Lunch
- Three dinners
- Plus, two complementary 5:30 Drury kickbacks
- All Taxes and tips on the above services
- Hotel luggage handling (as available)
- Motorcoach Transportation & Driver's Gratuity
- *Itinerary subject to change*

### PER PERSON PRICES

\$1,535 DOUBLE OCCUPANCY  
 \$1,425 TRIPLE  
 \$1,365 QUAD  
 \$2,085 SINGLE  
 \$250 PER PERSON DEPOSIT  
 due with reservation

**Final payment due by February 20, 2026**

Cancellation waiver is available.  
 \$120 per person double  
 \$90 per person triple & quad  
 \$150 per person single occupancy

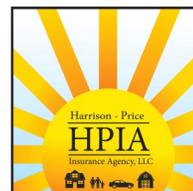
## Discover the Art of Wood Carving!

Join us every **Thursday at 9:00 AM**

for a relaxed community wood carving session.

Meet new people, learn the basics, and carve at **your own pace**—no experience needed!

Allen Eiry Center



**Harrison-Price Insurance**

6815 Township Rd 1068  
 Tiffin, OH

**(419) 397-2590**

*A Family of Experienced Professionals Since 1936*

**Join Us for Monday Morning Crafting! March 9th & 23rd at 9:30 AM**

Bring your creativity and join our warm and welcoming crafting group! Each Monday, we gather to work on handmade items that will become special Christmas gifts for Calvert Elementary students to purchase for their family and friends.

Throughout the year, our crafting sessions help create beautiful, heartfelt treasures—made with care, community, and fun. We invite you to join us, share your ideas, and lend your talents to brighten the holiday season for our students and their families.

**Everyone is welcome — come craft with us!**

**St. Augustine, Florida  
& Georgia’s “Golden Isles”  
Jekyll Island & St. Simons Island**

November 2-10, 2026  
A Resort for the Ages

Welcome to Jekyll Island’s stunning coastline at the Jekyll Island Ocean Club, Jekyll’s only oceanfront all suite resort. The AAA Four Diamond Luxury resort hosts 40 oceanfront suites with breathtaking ocean views. **STAY 2 NIGHTS!**

**TOUR INCLUDES:**

- Modern Motorcoach Transportation
- 8 Nights lodging
- 8 Breakfasts—1 Lunch—3 Dinners
- 2 Drury Kickback Receptions
- Tour of “Replacements”
- Myrtle Beach’s—Carolina Opry
- Georgia’s Sea Turtle Center
- Jekyll Island Trolley Tour
- Tour St. Simons Island
- Kingsley Plantation
- St. Augustine Trolley Tour
- St. Augustine Boat Cruise
- Beautiful Beaufort, S.C.
- Horse Carriage Tour of Beaufort
- Billy Graham Library
- Visit Andy Griffith’s “Mayberry”
- Luggage Handling
- Tax & Tips on Included Meals
- Coach Driver & Step-on-Guide Tips

**Cost Per Person:**

- Double Occupancy \$2,999.00
- Single Occupancy \$4,299.00
- Triple Occupancy \$2,699.00

**Deposit \$200 is due at time of registration.  
Balance is due Sept. 2, 2026**

Cancellation Protection: \$240.00 per person due with your deposit. This protects all monies (except the \$240) in the event of cancellation prior to departure for any reason.



**FUSED GLASS**

**CLASS**



**Mon. April 13, 2026  
@ 10:00**

**\$30 for two fused glass items**

Sun catcher, garden stake, birds etc.

**Allen Eiry Center  
28 Hopewell Ave  
Tiffin, Oh 44883**

Class is limited.

Make your reservation by stopping in  
Mon.—Fri.  
8:30 AM—4:00 PM

**Payment due at time of registration.**

**FREE HEARING SCREENING**

**FREE & OPEN TO THE PUBLIC**



Monday, March 16, 2026  
&  
Monday, April 20, 2026

**By appointment only**

Call or stop in to sign up  
419-448-9774

ALLEN EIRY CENTER  
28 HOPEWELL AVE  
TIFFIN, OH



OHIOHEALTH

# DELAY THE DISEASE™

THE #1 PARKINSON'S EXERCISE PROGRAM

## Delay the Disease® Parkinson's Program

The **Allen Eiry Center** invites you to join **Delay the Disease®**, a specialized fitness program created to help individuals with Parkinson's disease stay active, independent, and confident.

Held **every Monday & Wednesday at 11:45 AM**, this community-based class focuses on improving:

- Strength & balance
- Walking (gait) and mobility
- Coordination & cognitive function
- Overall quality of life

Classes are **led by Mercy's licensed physical therapists** and are specifically designed to meet the unique needs of those living with Parkinson's—at any stage.

**For more information or to register:**

Call **Mercy Physical Therapy at 419-455-8600**

**Cost: Just \$5 for an 11-week session**

Classes are at the Allen Eiry Center 28 Hopewell Ave, Tiffin. Take an active step toward better movement, confidence, and independence—**because staying strong matters.**

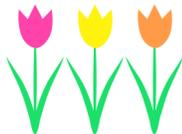
## SPRING LUNCH BUNCH

**When:** Tues, June 2, 2026

**Depart:** 11:00 AM

**Return:** after lunch

**Cost:** \$11.00 (meal extra)



### Spring Isn't Over Yet — Let's Celebrate with One More Adventure!

Summer doesn't officially arrive until June 22, so we're sneaking in one last **Spring outing**—and you're invited! Join our fun, friendly group for a delightful trip to a **mystery destination**. The company is always wonderful, the laughter is guaranteed, and the surprise makes it even better.

Come along for good food, great people, and a little springtime adventure!

## FUNDAY TUESDAYS

Join us Tuesdays @ 1:00 PM

Tuesdays • 1:00–3:30 PM

Looking for an afternoon full of laughter, friendly competition, and great company? Come join us for **Tuesday Afternoon Game Time**, where we play *all types* of games — and we mean all!

Bring a friend, bring your favorite game from home, or dive into one of the many classics already on the table. Card games, board games, strategy games... if you name it, we'll play it! Whether it's **Canasta, Socki, Euchre, Uno, Bridge, Pinochle, Pegs & Jokers, Dominoes**, or your personal favorite, there's something for everyone to enjoy.

We kindly ask that all games be open for everyone to join — the more players, the more fun!

Guests are welcome to come and try Game Time once. We're pretty sure after one afternoon of fun, they'll be excited to join AEC and return each week for more good times!

**Come play, laugh, and make Tuesday the best day of your week!**

## Merry Go Round & Cedar Point Museum in Sandusky, OH

**When:** Wed., May 20, 2026

**Depart:** 8:30 AM

**Return:** 4:00 PM

**Cost:** \$31.00 (meal extra)

Come join us for a delightful day in Sandusky, Ohio, as we visit the Merry-Go-Round Museum and the Cedar Point Museum. The Merry-Go-Round Museum, housed in a building on the National Register of Historic Places, features **Dentzel carving tools as a permanent exhibit**, along with a wide collection of artifacts from **amusement parks, carnivals, and private individuals**. You'll also enjoy beautifully carved carousel figures, a working woodcarving shop, and a ride on the fully restored carousel accompanied by classic band-organ music. Our trip continues to the Cedar Point Museum, home to thousands of items spanning nearly 150 years of history, with engaging displays that celebrate the heritage of the Cedar Point peninsula. Lunch is Cracker Barrel, making this nostalgic and joyful outing one you won't want to miss!

## ALLEN EIRY CENTER

### UPCOMING SINGLE DAY TRIPS

|                |        |   |          |
|----------------|--------|---|----------|
| March 9, 2026  | Mon.   | Evening Diners—Brown Derby              | 4:00 PM  |
| March 19, 2026 | Thurs. | Water For Elephants @ Playhouse Square  | 2:15 PM  |
| March 24, 2026 | Tues.  | Lunch At Tony's                         | 11:00 AM |
| April 10, 2026 | Fri.   | Walleye vs. Cincinnati Cyclones         | 4:15 PM  |
| April 23, 2026 | Thurs. | The Sound of Music @ Playhouse Square   | 9:45 AM  |
| April 29, 2026 | Wed.   | Spring Amish Trip                       | 7:30 AM  |
| May 7, 2026    | Thurs. | “A Spring Excursion” Sandusky County    | 9:30 AM  |
| May 20, 2026   | Wed.   | Merry Go Round & Cedar Point Museum     | 8:30 AM  |
| June 2, 2026   | Tues.  | Spring Lunch Bunch                      | 11:00 AM |
| July 23, 2026  | Thurs. | Red Pig Inn                             | 11:00 AM |
| Aug. 8, 2026   | Sat.   | Toledo Mud Hens vs. Omaha Storm Chasers | 4 :15 PM |

### UPCOMING MULTI-DAY TRIPS

MARCH 11-13, 2026.....SOARING EAGLE RESORT *(Balance due Feb. 1, 2026)*

APRIL 13-18, 2026.....BEST SHOWS OF BRANSON *(Balance due Feb. 20, 2026)*

SEPTEMBER 13-17, 2026...DISCOVER PHILADELPHIA *(Balance due July 13, 2026)*

NOVEMBER 2-10, 2026.....ST. AUGUSTINE, FLORIDA & GEORGIA'S "GOLDEN ISLES"  
*(Balance Due Sept. 2, 2026)*

DECEMBER 1-3, 2026.....INDIANAPOLIS CHRISTMAS More info coming soon.

#### **Travel Registration Guidelines: NEW SINGLE-DAY TRIP REGISTRATION BEGINS MON., March 2, 2026.**

1. Each member will be able to sign up a total of two members for each trip. Payment due at signup.
2. New trip registration dates are announced in the description of the trip.
3. On the first day of registration for single-day trips, there will only be “in person” registration from 8:30—10:00AM. We will begin taking phone registrations at 10:00 AM.
4. Reminder that any trip registrations over the phone must be paid within 10 days.
5. Non-members cannot sign up for trips until Thursday of registration week.

~ Please do not plan to sign up for Multi Day Trip during New Trip Monday Rush ~

|                            |                     |
|----------------------------|---------------------|
| -Independent Living        | -Home Services      |
| -Assisted Living           | -SAIDO Learning     |
| -Skilled Nursing/Rehab     | -Memory Care        |
| -Short Term Specialist     | -Outpatient Therapy |
| -Hospice & Palliative Care | -Adult Day Program  |

Medicaid Waiver Accepted!



725 Columbus Avenue  
Fostoria, Ohio 44830  
**419-937-1801**  
Continuing the work of Jesus  
Peacefully. Simply. Together.  
Proudly Serving the Community Since 1904

## Discover Philadelphia

September 13—17, 2026

Philadelphia is where America began. It's where the Founding Fathers made history. It's America's first UNESCO World Heritage City. It's about diversity and innovation, pretzels and cheesesteaks, Betsy Ross and Ben Franklin.

### TOUR INCLUDES:

Modern Motorcoach Transportation  
 4 Nights Downtown Philadelphia  
 4 Breakfasts—1 Lunch—3 Dinners  
 Sightseeing Tour of Philadelphia  
 Independence Hall & Liberty Bell  
 (Subject to Availability)  
 Reading Terminal Market  
 Moshula Tall Ship  
 (Dinner on Board)  
 Eastern State Penitentiary  
 Museum of American Revolution  
 Tour of The Declaration's Journey  
 US Mint

Tour Betsy Ross House with 1st Person Portrayal  
 National Constitution center  
 Christ Church & Burial Grounds  
 Guide Service for 2 Full Days  
 Tax & Tips on Included Meals  
 Luggage Handling  
 Gratuities for step—on Guides  
 Driver's Tip

### Cost Per Person:

Double Occupancy \$1,799.00  
 Single Occupancy \$2,359.00  
 Triple Occupancy \$1,599.00

**Deposit \$200 is due at time of registration.  
 Balance is due July 13, 2026**

Cancellation Protection: \$145.00 per person due with your deposit. This protects all monies (except the \$145) in the event of cancellation prior to departure for any reason.



## Red Pig Inn



**When:** Thursday, July 23, 2026

**Depart:** 11:00 AM

**Return:** after lunch

**Cost:** \$14.00 (meal not included)

*New trip sign up starts March 2, 2026 @ 8:30 AM*

We're heading back to a longtime favorite! The Red Pig Inn in Ottawa, Ohio, voted Best in the Region for Ribs, is back on our trip calendar—and it's been years since we've visited. Everyone says the food is still just as fantastic!

The menu offers a mouth-watering selection of meats and sides to please every palate. Enjoy favorites like chicken chunks, wings, ribs, grilled pork chops, fried chicken, shrimp, salmon, steaks, and even Red Pig spaghetti or lasagna. In the mood for something else? They also offer pizza, corn dogs, salads, soup, and sandwiches—there's truly something for everyone.

Feeling hungry yet?

Come join the fun and enjoy a delicious meal with great company!

### AEC FITNESS CENTER \*\*\* \*

Our Fitness Center is for AEC members only. To belong to the Allen Eiry Center, you need to be 50 years or older. The cost of an AEC annual membership is \$35.00.

Call us today to schedule your orientation and get started in the Fitness Center! Once you have your orientation, you will be able to use the fitness center on your own for two weeks at no cost during open hours. After the two week trial period, if you continue to use the fitness center, the annual cost is \$120 with different options to pay.

Equipment includes:

- \* 2 Treadmills
- \* Universal multi-gym (strength & conditioning)
- \* Dumbbells
- \* 1 Elliptical
- \* Weight Sticks
- \* 1 Recumbent Bike
- \* 2 NuSteps
- \* Schwinn Airdyne





# MARCH CELEBRATIONS!



- |   |  |   |
|---|--|---|
| 1 Jane Schimmoeller<br>Ed Wise<br>Karen Nye   | Elaine Hess<br>Marty Croy<br>Gene & Pat Sherer ♥<br>Jerry & Penny Maxhimer ♥         | 23 Donna Letterhos<br>Mike Ditslear<br>Butch Bish<br>Frank Michniak<br>Rick Thomas<br>Robert Bland<br>Staci Comer<br>Kim McCullough &<br>Corrie Schultz ♥ |
| 2 Tina Meade<br>Kim Brickner  | 13 Jean Wilson<br>Paul Coffman<br>Pennyan Nikkols<br>Jean Bell<br>Bob & Nancy Boes ♥ | 24 John Coffman<br>James & Paula Bishop ♥<br>Rob Huntington & Susan<br>McCafferty ♥   |
| 3 Karen Knaur<br>Tim Martin   | 14 Paul Bonnell<br>Sue Echelberry  | 25 David Fisher   |
| 4 Patricia Zerman<br>Robert & Donna Benner ♥  | 15 Dwight Mason<br>Carl Pastorella<br>Judy Miller<br>Robin Kipps<br>Stephanie Ricker | 26 Shirley Robbins<br>Mary Paxton<br>Irene Allen<br>Dwight Detterman<br>Deb Sendelbach  |
| 5 Shirley Wagner<br>Candy Williams<br>Debra Morrow  | 16 Chuck Hutchins<br>Paul & Jane Burtis ♥  | 27 Lee & Susan Vanderveen ♥   |
| 6 David Martien<br>Dolores Hartman<br>Ann Pastorius<br>Joe Worland<br>Rick & Tina Meade ♥<br>Everett & Karen Wood ♥ | 17 Judy Conte<br>Patricia Elchert<br>Julie Cadarette                                 | 28 Charlet Steffanni<br>Patti O'Connor<br>Anna Oddo   |
| 7 Joseph Welly<br>Sharon Jerman<br>Karen Hildebrand<br>Sachiko Iida<br>Carl & Bonnie Miller ♥                       | 18 Tammy Schalk  | 29 Paula Crum<br>Charleen Beeler<br>Richard & Diane Greene ♥  |
| 9 Sue Bennett<br>Linda Werling  | 19 Marcia Abbott<br>Carol Monday<br>Peg Renninger                                    | 30 Charles Burmeister<br>Shirley Urban<br>Anne Lange-Devine   |
| 10 Betty Lutz<br>Deborah Mathews<br>Donna Collins   | 20 Byron Lutz<br>Samual Homan  | 31 Sue Hoppes<br>Julie Reinhart<br>Barbara Mehling<br>Joy Wilson  |
| 11 Nancy Ringle<br>Sandy Reinhart   | 21 Donna Hopple<br>Judy Downie   |   |
| 12 Rebecca Robson   | 22 Richard Glanz<br>Kathleen Tiell<br>Patrick Nee                                    |   |

## AEC BALLROOM RENTAL AVAILABLE

The all-purpose room is available to rent all through the year. The room fits up to 134 people; tables & chairs are included. You can also rent a section of the room which would fit approximately 35-40 people. Rental cost for AEC Members for one section is \$75 for 4 hours and an additional \$25 for each additional hour. You can add full use of the commercial kitchen for \$25. This is a very attractive, comfortable venue! If you are interested, please call 419-448-9774, stop by, or email us at [aesctiffinohio@yahoo.com](mailto:aesctiffinohio@yahoo.com).



## TROYER PIE SALE

DEADLINE IS

FRIDAY, MARCH 20, 2026



## CONSUMER EDUCATION

### PRESENTATION

Join us for an informative presentation by a Senior Outreach & Education Specialist from the Office of the Ohio Consumers' Counsel.

**Monday, March 10, 2026**

**@ 10:00 AM**

Allen Eiry Center  
28 Hopewell Ave.  
Tiffin, Ohio

Call to save your seat 419-448-9774

What you'll learn

- How to recognize common utility frauds and scams
- Your consumer rights
- Tips to protect yourself and your finances
- Where to turn for help and reliable information

**FREE ~ OPEN TO THE PUBLIC**

## LUNCH AT TONY'S

**When:** Tuesday, March 24, 2026

**Depart:** 11 AM

**Return:** After Lunch

**Cost:** \$12.00 (meal not included)

Everybody loves Tony's—and especially the fabulous salad bar! We have call-ahead reservations in place, but I'll need to update them with our final headcount as soon as possible.

Please be sure to sign up early so we can confirm our numbers and enjoy a great lunch together, along with wonderful company.

We look forward to seeing you there!

## Reflecting on God's Gift of Water

*Presented by Judy Hofmann of St. Francis Community*

**Tues., March 24, 2026 @ 1:00 PM**

Allen Eiry Center  
28 Hopewell Ave, Tiffin

**Please RSVP by Fri., March 20th**

By calling 419-448-9774

- How much of Earth's water is fresh water?
- What are the main sources of our drinking water?
- What role do wetlands play in water management?
- What if one day you turned on the faucet and nothing happened?

## THE SOUND OF MUSIC CLEVELAND PLAYHOUSE SQUARE

**When:** Thursday, April 23, 2026

**Depart:** 9:45 AM

**Return:** 7:15 PM

**Cost:** \$119.00 (meal not included)

I'm happy to share that I was able to secure excellent seats to see *The Sound of Music* at Playhouse Square in Cleveland.

For 65 years, *The Sound of Music* has been one of our "favorite things." With its timeless story and irresistibly charming score, this Rodgers and Hammerstein classic isn't just meant to be enjoyed—it's meant to be shared with friends and fellow travelers. Directed by three-time Tony Award® winner Jack O'Brien, this brilliant and romantic production tells the beloved story of Maria and the Von Trapp family and features unforgettable songs such as *Do-Re-Mi*, *Sixteen Going on Seventeen*, and *Edelweiss*.

This is an afternoon matinee performance. We will enjoy dinner in Cleveland afterward and return home early in the evening. For those who have requested a matinee, this trip is a perfect fit—please be sure to sign up.

If you have any questions, feel free to reach out. I look forward to traveling with you!

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SAT./SUN.  |
|--|--|--|---|--|--|
| <p>2</p> <p>9:00 Chair Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>9:00 No Crafts<br/>10:00 Basic Balance<br/>11:45 Parkinson's<br/>1:00 Euchre<br/>1:00 Canasta<br/>1:00 Bridge<br/>4:30 Floor Yoga<br/><b>New Trip Sign up @ 8:30 AM</b></p>       | <p>3</p> <p>8:00 Drumming<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Dominos<br/>1:00 Funday Tuesday</p>   | <p>4</p> <p>8:00 Floor Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Chair Yoga<br/>11:45 Parkinson's<br/>1:00 Needle Art<br/>2:00 Chair Volleyball</p>  | <p>5</p> <p>8:00 Drumming<br/>9:00 Wood Carving<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Chorus<br/>1:00 Pinochle</p>   | <p>6</p> <p>6:30 Floor Yoga<br/>8:30 Beginner Tai Chi<br/>9:00 Tai Chi<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>9:00 Quilting<br/>10:30 Keep Moving class<br/>1:00 Board Games<br/>1:00 Mahjong<br/>2:15 Chair Volleyball<br/><br/><b>BINGO @ 1:00 PM</b></p>                                      | <p>7</p> <p>8</p>  |
| <p>9</p> <p>9:00 Chair Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>9:00 Crafts<br/>10:00 Basic Balance<br/>11:45 Parkinson's<br/>1:00 Euchre<br/>1:00 Canasta<br/>1:00 Bridge<br/>4:30 Floor Yoga<br/><b>Evenings Diners Depart @ 4 PM</b></p>       | <p>10</p> <p>8:00 Drumming<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Dominos<br/>1:00 Funday Tuesday<br/><br/><b>Consumer Education SCAM Presentation 10:00 AM</b></p>  | <p>11</p> <p>8:00 Floor Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Chair Yoga<br/>11:45 Parkinson's<br/>1:00 Needle Art<br/>2:00 Chair Volleyball<br/><br/><b>Soaring Eagle Resort</b></p>            | <p>12</p> <p>8:00 Drumming<br/>9:00 Wood Carving<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Chorus<br/>1:00 Pinochle</p>  | <p>13</p> <p>6:30 Floor Yoga<br/>8:30 Beginner Tai Chi<br/>9:00 Tai Chi<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>9:00 Quilting<br/>10:30 Keep Moving class<br/>1:00 Board Games<br/>1:00 Mahjong<br/>2:00 Chair Volleyball</p>   | <p>14</p> <p>15</p>  |
| <p>16</p> <p>9:00 Chair Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>9:00 No Crafts<br/>10:00 Basic Balance<br/>11:45 Parkinson's<br/>1:00 Euchre<br/>1:00 Canasta<br/>1:00 Bridge<br/>4:30 Floor Yoga<br/><br/><i>Ways &amp; Means @ 1:30 PM</i></p> | <p>17</p> <p>8:00 Drumming<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Dominos<br/>1:00 Funday Tuesday<br/><br/>Board Meeting @ 3 PM</p>  | <p>18</p> <p>8:00 Floor Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Chair Yoga<br/>11:45 Parkinson's<br/>1:00 Needle Art<br/>2:00 Chair Volleyball</p>   | <p>19</p> <p>8:00 Drumming<br/>9:00 Wood Carving<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Chorus<br/>1:00 Pinochle<br/><br/><b>Trip: Water for Elephants Depart @ 2:15 PM</b></p> | <p>20</p> <p>6:30 Floor Yoga<br/>8:30 Beginner Tai Chi<br/>9:00 Tai Chi<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Quilting<br/>10:30 Keep Moving class<br/>1:00 Board Games<br/>1:00 Mahjong<br/>2:15 Chair Volleyball<br/><br/><b>BINGO @ 1:00 PM</b><br/><b>Fold Newsletters @ 9 AM</b></p> | <p>21</p> <p>22</p>  |
| <p>23</p> <p>9:00 Chair Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>9:00 Crafts<br/>10:00 Basic Balance<br/>11:45 Parkinson's<br/>1:00 Euchre<br/>1:00 Canasta<br/>1:00 Bridge<br/>4:30 Floor Yoga</p>   | <p>24</p> <p>8:00 Drumming<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Dominos<br/>1:00 Funday Tuesday<br/>2:00 S.O.L.O.<br/><br/><b>Tony's Depart @ 11 AM</b><br/><br/><b>Building Foundations of Caregivers @ 10:30AM</b><br/><br/><b>Reflecting on God's Gift of Water @ 1:00 PM</b></p> | <p>25</p> <p>8:00 Floor Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Chair Yoga<br/>11:45 Parkinson's<br/>1:00 Needle Art<br/>2:00 Chair Volleyball<br/><br/><b>Photo Shoot by appointment only</b></p> | <p>26</p> <p>8:00 Drumming<br/>9:00 Wood Carving<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Chorus<br/>1:00 Pinochle</p>  | <p>27</p> <p>6:30 Floor Yoga<br/>8:30 Beginner Tai Chi<br/>9:00 Tai Chi<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>9:00 Quilting<br/>10:30 Keep moving class<br/><br/>1:00 Board Games<br/>1:00 Mahjong<br/>2:00 Chair Volleyball</p>  | <p>28</p>  |
| <p>30</p> <p>9:00 Chair Yoga<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>9:00 Crafts<br/>10:00 Basic Balance<br/>11:45 Parkinson's<br/>1:00 Euchre<br/>1:00 Canasta<br/>1:00 Bridge<br/>4:30 Floor Yoga</p>   | <p>31</p> <p>8:00 Drumming<br/>9:00 Stained Glass<br/>9:00 Table Pool<br/>10:00 Dominos<br/>1:00 Funday Tuesday<br/><br/><b>Dell Burtis Law Nursing Home &amp; Long-Term Care Costs 10:30 AM</b></p>   |  |   |  | <p>30</p> <p><b>419-448-9774</b><br/>www.alleneiry.com<br/></p> |

## “A Spring Excursion” In Sandusky County

**When:** Thursday, May 7, 2026

**Depart:** 9:30 AM

**Return:** 4:30PM

**Cost:** \$67.00 (meal included)

*New trip sign up starts March 2, 2026 @ 8:30 AM*



Join us for a delightful day trip filled with history, great food, and relaxed fun—right here in our region!

Our first stop will be the Rutherford B. Hayes Presidential Library & Museums. We will enjoy a guided tour of the special exhibit “Welcome to the World’s Fair: Philadelphia 1876.” This fascinating exhibit showcases the history of the exposition, explores its impact on American culture and society, and features authentic artifacts from the Expo.

Next, we’ll head to the Clyde Heritage Museum/ Geiger Building, followed by lunch at the popular Blue Collar Bistro.

☑ Lunch selections (please choose when signing up):

1. Chicken salad croissant (includes almonds) with chips
2. Beef tacos served with chips and salsa
3. Italian sub with chips
4. Greek Salad (Spring mix, Tomato, Red onion, Bell peppers, Olives, Feta, Red wine Vinaigrette)
5. Peggy Salad (Romaine, Feta, Craisins, toasted Almonds, apples, Red wine vinaigrette)

*All lunches include a beverage and dessert.*

Our final stop will be Hall’s Wine-R-We & Brews 4 U. Travelers may purchase a drink and relax in this welcoming winery and brewery, featuring 48 craft beer taps, over 800 bottles of wine, and plenty of time to browse their charming country market.

Come join us for just a fun day close to home—  
we’d love to have you along!

## Building Foundations of Caregiving

An Educational Program Presented by the  
Alzheimer’s Association  
Northwest Ohio Chapter, in partnership with the  
Allen Eiry Center

**Tuesday, March 24, 2026**  
**10:30 AM—11:30 AM**



**Allen Eiry Senior Center**  
28 Hopewell Ave, Tiffin, Oh 44883

Please join us for the first installment of this educational series about Alzheimer’s and dementia.

Caring for someone living with dementia brings a unique set of challenges and rewards. With the right help and support, you can empower yourself to provide quality care while managing your own well-being. This program will discuss the role of caregivers and the relationship changes that may occur over time, the five areas of person-centered care, members of the caregiver support team and caregiver stress.

**FREE & OPEN TO THE PUBLIC**  
Call 419-448-9774 to reserve your seat

SAVE THE DATE: June 9, 2026

**alzheimer’s association®**  
THE BRAINS BEHIND SAVING YOURS.™

## Find Your Flow at AEC Yoga

Join our welcoming yoga classes led by  
**Suzanne Reinhart and Janet Herzog.**

These classes are perfect for all experience levels.

**\$5 per session.**

### Chair Yoga

- Mondays at 9:00 AM
- Wednesdays at 10:00 AM



### Floor/Mat Yoga (Bring your own mat)

- Mondays at 4:30 PM (Market St. Door)

*Led by Suzanne Reinhart*

- Wednesdays at 8:00 AM (Doors open at 7:45 AM)

*Led by Suzanne Reinhart*

- Fridays at 6:30 AM (Market St. Door)

*Led by Janet Herzog*

New to yoga?

Please call ahead to learn about our **beginner-friendly floor yoga class.**

Come move, breathe, and feel your best at AEC!

**Tong's** Air Conditioning, Heating &  
Plumbing Inc.

## LEAVING A LEGACY FOR AEC

A legacy gift is a planned contribution that designates a portion of your estate to support a nonprofit organization. Often, these are among the most meaningful and impactful gifts a person can make.

Legacy giving does not require great wealth — it simply requires thoughtful planning. By including the Allen Eiry Center, Inc. in your will, trust, or other financial plans, you ensure that future generations will continue to benefit from the programs, services, and friendships that define our organization.

Since opening our doors in 1971, legacy gifts have played a vital role in the growth and sustainability of the Allen Eiry Center. These generous commitments have helped strengthen our foundation and expand opportunities for adults age 50+ throughout Seneca County.

If you share our vision, or if you or a loved one have benefited from the Allen Eiry Center, please consider how a planned gift could make a lasting difference — for you, for your family, and for the community we proudly serve.

For more information about legacy giving, please contact the Center.

### NEW CLASS ALERT!

#### Move, Smile & Feel Better

with Joyce Ricci

#### Feeling achy? Stiff? Out of sorts?

No worries — **you're not alone!**

Let's move together...

**slowly, gently, and joyfully.**

**Fridays at 10:30 AM**

**Just \$1 per class!**

**Starting March 6th**

#### What to expect

- Slow, smooth, easy movements
- Perfect for beginners
- Move while sitting, standing, or both
- Wake up those “forgotten” muscles
- Improve balance & core strength
- Feel looser, steadier, and more confident
- Friendly faces & social connection

No fancy moves. No pressure to “keep up.”

Move at your own pace

Just movement that meets you where you are.

#### Allen Eiry Center

28 Hopewell Ave  
Tiffin, Ohio

**Come as you are, bring a bottle of water, wear comfortable clothes,  
closed toe rubber-soled shoes.**

Stay curious. Stay connected. Stay moving.

Whether it's trying a new class, calling an old friend, joining a card game, or taking a short daily walk — small steps make a big difference in maintaining physical health, mental sharpness, and overall happiness.

Remember: It's never too late to learn something new, make a new friend, or start a healthy habit.

## “OFF OUR ROCKERS CHORUS”

Welcome back, **Off Our Rockers Chorus!**

Join us every Thursday at 10:00 AM at the Allen Eiry Center for a lively hour of singing your favorite hits from across the decades. Whether you love classic rock, timeless standards, or feel-good favorites, this chorus brings the music — and the memories — to life in a fun, welcoming, and low-stress environment.

Directed by Mimi Lange Johnston and accompanied by Char Pope and Charlene Thomas, this energetic group is open to everyone age 50+. No auditions. No pressure. Just music, laughter, and great company.

All are welcome. All are wanted. Call the Allen Eiry Center at 419-448-9774 to learn more and join the fun!

**Help AEC by joining  
Kroger Community Rewards**

This program makes fundraising easy by donating to local organizations based on the shopping you do every day. Once you link your Card to an organization, all you have to do is shop at Kroger and swipe your Shopper’s Card. Here’s how it works:

- 1. Create a digital account.**  
A digital account is needed to participate in Kroger Community Rewards. If you already have a digital account, simply link your Shopper’s Card to your account so that all transactions apply toward the organization you choose.
- 2. Link your Card to an organization.**  
-Sign into your digital account.  
-Search for your organization **HERE**.  
-Enter the name or NPO number of the organization you wish to support.  
-Select the appropriate organization from the list and click **“SAVE”**. Your selected organization will also display in the Kroger Community Rewards section of your account. If you need to review or revisit your organization, you can always do so under your Account details.
- 3. Your Organization Earns.**  
Any transactions moving forward using the Shopper’s Card number associated with your digital account will be applied to the program, at no added cost to you.

If you have any questions, please contact our local Kroger’s Customer Service Center.

The annual “Hide the Easter Eggs” fundraiser is coming up quick. We are seeking volunteers and donations to help make this event a success.

We are looking for:

- ~Volunteers to help stuff Easter eggs on  
**Thursday, April 2 at 1:00 PM**
- ~Volunteers to help hide Easter eggs on  
**Saturday, April 4 at 7:00 PM**

We are also accepting donations of **small toys and candy** that will fit inside the eggs. If you would like to donate plastic eggs we are looking for 2.5”-3.5” eggs. If you are able to volunteer or would like to donate, please call or stop by.

Your support is greatly appreciated.

**New on the Amish Shelves!**

Thanks to a generous donation, our library now features many new titles on the “Amish” shelves! If you enjoy heartwarming stories of faith, family, community, and simple living, you’ll love browsing these fresh additions.

Even better — they’re a bargain! Paperbacks are just **25¢** and hardbacks are **50¢** each.

Stop by, stock up, and enjoy a great read for less!



**Need a Ride? NCAT Can Help!**

NCAT (North Central Area Transit) provides safe, reliable, and affordable public transportation throughout Tiffin and Seneca County. Whether you need a ride to the Allen Eiry Center, a medical appointment, the grocery store, or another local destination, NCAT makes getting around easier and more convenient.

Rides are available by reservation, and vehicles are accessible to meet a variety of mobility needs.

**Call NCAT at (419) 448-7344** for scheduling, fares, and reservations — stay connected to your community!

**SAVE THE DATE**

- \*Friday, May 8, 2026 11AM~BBB will be at AEC to talk about Medicare fraud and scam tactics and how they target seniors.
- \*Week of May 11, 2026 AEC annual rummage sale
- \*Wednesday, May 20, 2026~AJ Heavenly Pizza fundraiser for AEC
- \*Saturday, September 5, 2026 AEC Annual Golf Outing
- \*Wednesday, September 9, 2026 AEC Annual Picnic.



# DELL BURTIS LAW

JANE C. DELL

PAUL F. BURTIS

60 Sycamore Street, Tiffin, Ohio 44883

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800.625.5269 | steinhospice.org



Help Change a Child's Story.

Become a CASA volunteer.

To find out how, visit [www.casaofssw.org](http://www.casaofssw.org) or call 419-448-1442.



Retiring?  
Turning 65?



We offer a variety of services and a drive to find the perfect plan for you.



**Toria Felton**  
Account Executive

419-447-4242 Ext. 1155 | [tfelton@uisprotect.com](mailto:tfelton@uisprotect.com)

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\*SAIDO Learning Therapy

\*DayBreak SAIDO Learning Center



[www.goodshepherdhome.com/wellness/memory-care/](http://www.goodshepherdhome.com/wellness/memory-care/)

419-937-1801



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# THE GOLDEN NEWS



## CHAIR VOLLEYBALL

*Every Wednesday @ 2:00 PM & Friday @ 2:15 PM*

It improves cardiovascular fitness, increases stamina, and helps maintain muscle tone. It also enhances upper body mobility and joint flexibility and it improves hand-eye coordination and reflexes. Chair volleyball is suitable for adults of all abilities and activity levels. Promotes a sense of comradery and builds a positive team atmosphere. It can also provide opportunities to meet new people in the local community.

## MEMORIALS

### In memory of Marguerite Outcalt

Given by: Cathy Snyder, Cathy Stark, Ed & Diana Wise, Jane Meisner, Marcia Abbott, Jeanette Lynch, Larry & Linda Earl, Mary Gillmore, Pam Rolleston, Jim & Diane Baker,

### In memory of Freda Perry

Given by: Fran Hipp, Marcia Abbott

Thank you for supporting the  
Allen Eiry Center

**S.O.L.O** Do you have a loved one living with dementia? No matter what stage they may be in, this support group exists to provide support for you. The group is lead by Mary Lee Creeger, who is now retired after working several years at an adult care facility. Her knowledge is exceptional when it comes to dealing with dementia. This support group is open to all adults and will be held on the 4th Tuesday each month @ 2 PM. We hope you join this great group of people and go home with a better feeling and knowledge concerning your loved one and yourself. **Please call 419-448-9774 if you plan to attend.**

## SINGLE DAY "NEW" TRIP REGISTRATION

**Monday, March 2, 2026.**

Doors open at 8:30 AM.  
No phone reservations until 10 AM.  
Please do not plan on signing up for multiday trips during this time.  
Thank you for understanding.